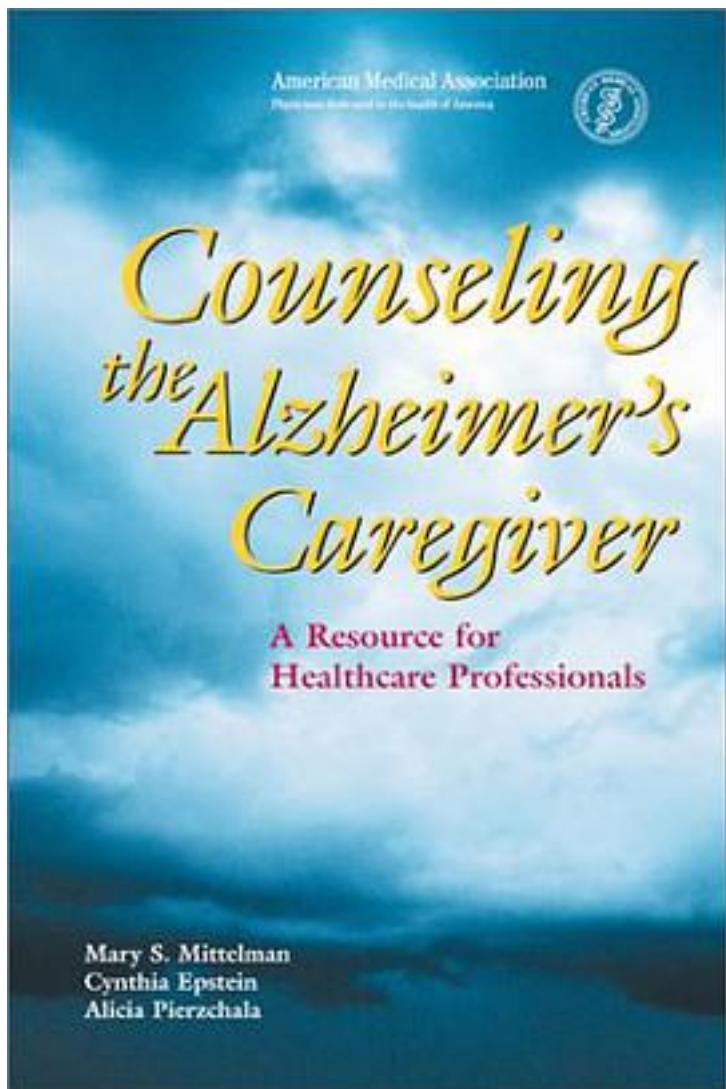


# Counseling the Alzheimer's Care Giver



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著者:Mittelman, Mary

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Drawing on lessons learned during 15 years of empirical clinical treatment intervention, this manual is an invaluable resource for physicians and collaborating health care providers who work with families caring for an AD patient. "Counseling the Alzheimer's Caregiver provides proven clinically-researched strategies to help caregivers deal with the enormous physical and emotional stress of caring for a loved one with AD and significantly improve the level of patient care. This resource outlines, in detail, the symptoms of AD at each stage and the roles of caregiver and counselor from the initial diagnosis to after the patient's death. You'll understand how to create for caregivers individualized interventions plans that cover everything from managing behavioral and psychological symptoms of AD to maintaining their own well-being. The resource also provides information on formal support services for patients living at home, as well as guidance on making the decision to place the patient in a residential facility. More than 80 percent of AD patients receive care from family or other non-formal help. With AD expected to affect an estimated 14 million people by the mid-21st century, this book is an increasingly important addition to your library.

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