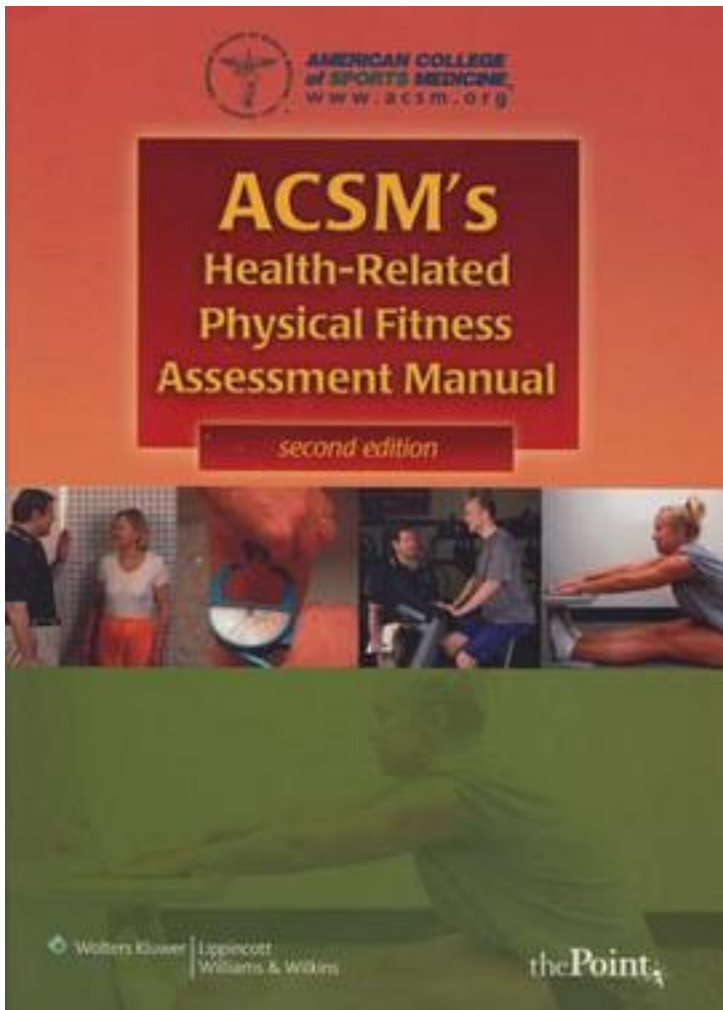


ACSM's Health-Related Physical Fitness Assessment Manual



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