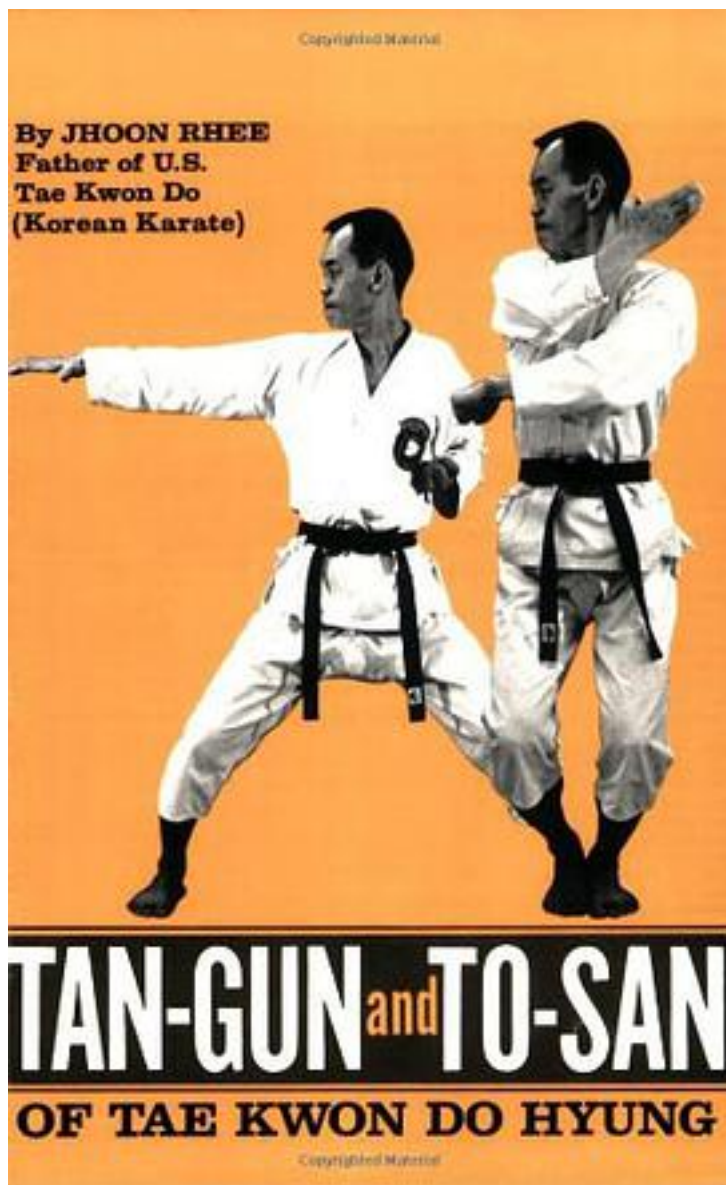


Tan-Gun and To-San of Tae Kwon Do Hyung



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Directed toward gold belt, this fully illustrated volume addresses these two taekwondo forms, along with combinations, attack techniques, and basic street-defence moves for the beginner.

作者介绍:

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