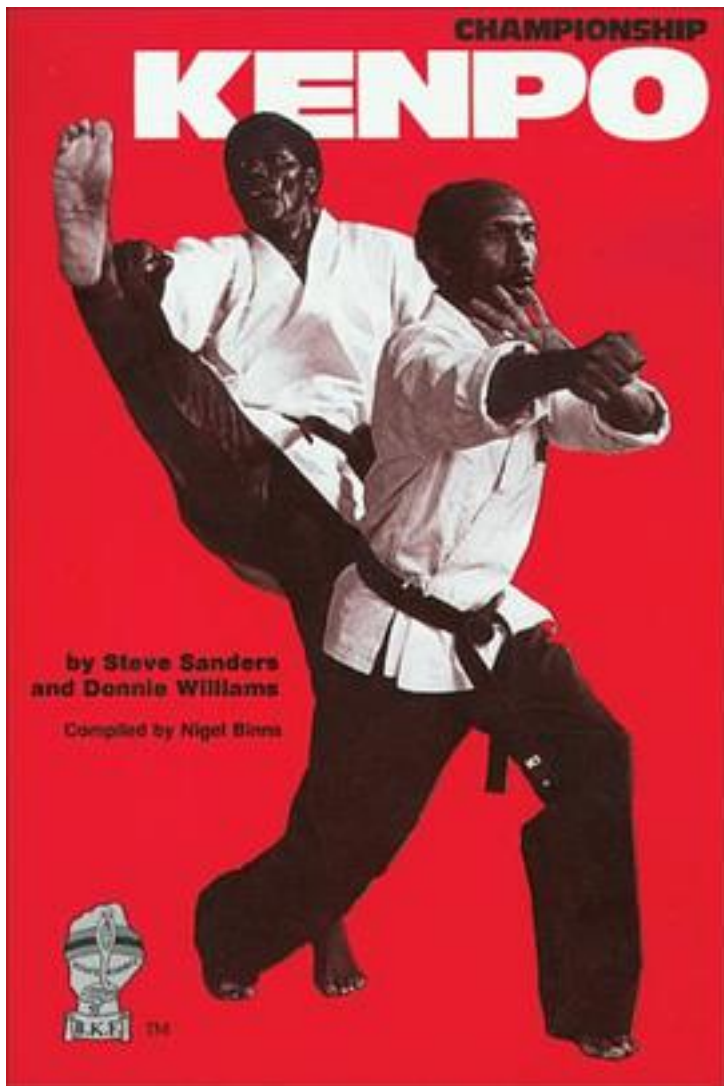


Championship Kenpo (Specialties Series)



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著者:Steve Sanders

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This book offers insight on one of the most innovative and flexible martial arts - kenpo. These techniques have proved to be among the most effective methods for winning tournament matches and surviving street fights.

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