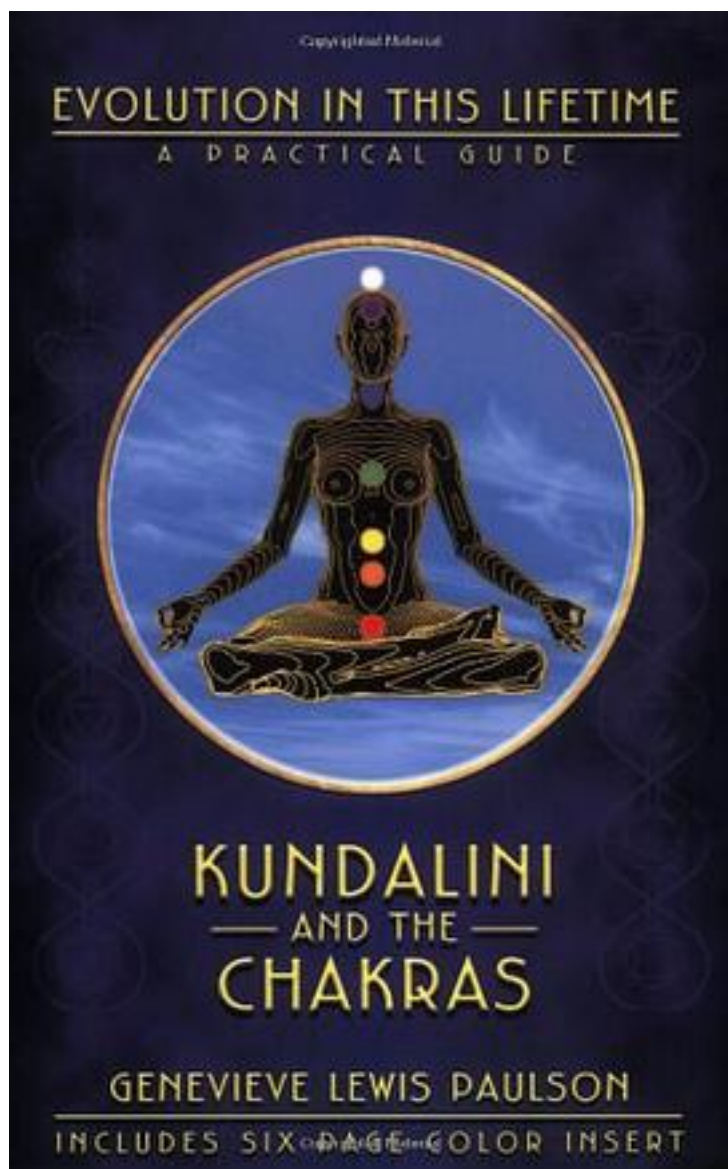


# Kundalini and the Chakras



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著者:Paulson, Genevieve Lewis

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# Kundalini & the Chakras.

We all possess the powerful life force of Kundalini that can open us to genius states, psychic powers, and cosmic consciousness. For over ten years, this trusted guide has been teaching people how to safely and effectively use this potent natural energy for spiritual development. This updated edition of Kundalini and the Chakras features all new artwork and an added index.

Genevieve Lewis Paulson's warm, practical approach and transformative techniques for cleansing, balancing, and developing the chakras and their energies will help you realize your own tremendous creative and spiritual potential.

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