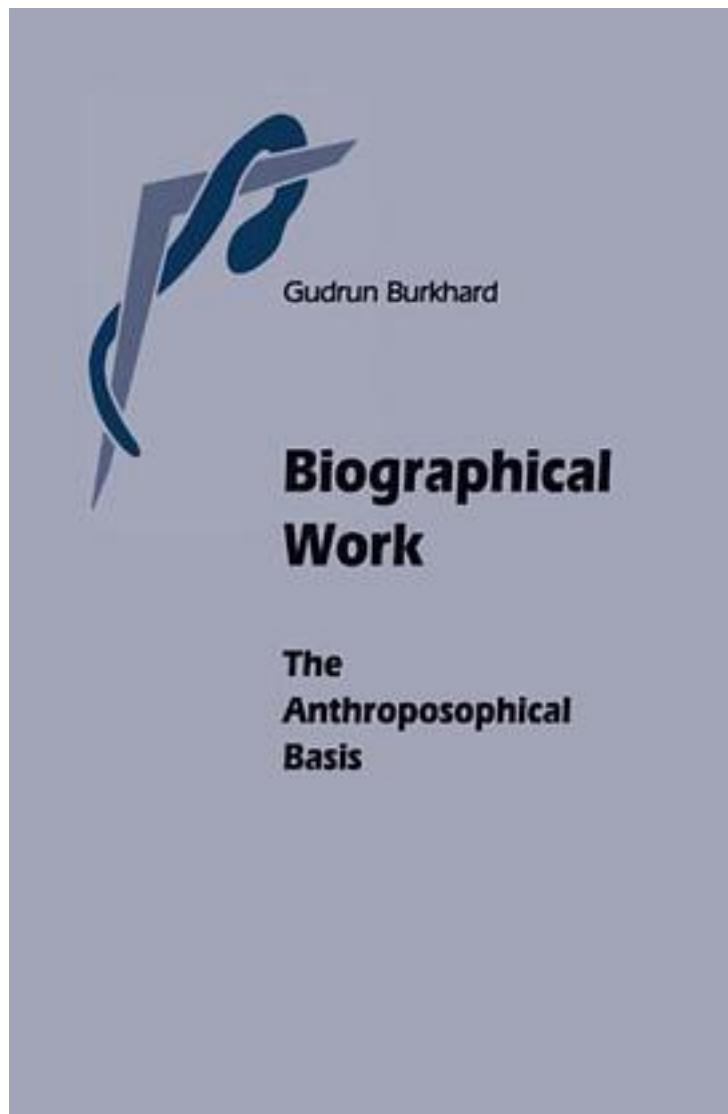


Biographical Work



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An individual's life-story, or biography, can be explored to great effect by counsellors and therapists. Gudrun Burkhard, an experienced anthroposophical doctor, has studied human biography for many years and counselled many individuals. This book presents her unique methodology and her insights into successful biographical counselling. She describes the steps that practitioners should follow, which are based around seven-year cycles in an individual's life. She pays particular attention to the period of the twenties and early thirties. The book includes an analysis of Charlie Chaplin's biography and what that reveals about the man.

作者介绍:

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