

The Key



[The Key_下载链接1](#)

著者:Bodine, Echo

出版者:New World Library

出版时间:2006-9

装帧:螺旋装帧

isbn:9781577315490

In her bestseller *The Gift*, Echo Bodine helped readers understand and develop their psychic abilities. Here, she expands the material into a step-by-step course that strengthens and refines clairvoyance, clairaudience, and other psychic abilities that can be used to achieve healing, clarity, and guidance. In simple, accessible lessons, she covers what it means to be psychic; how to develop intuition and psychic skills and how to know the difference between them; how to interpret messages received; staying grounded and respecting boundaries; protecting oneself and others during psychic practice; and much more. Ample journaling space allows readers to record progress, expectations, fears, visions, and other thoughts, while a CD of guided meditations and visualizations offers additional inspiration. Bodine's supportive words and warm, encouraging voice help students open their minds and take the risk of delving into psychic growth and awareness.

作者介绍:

目录:

[The Key_ 下载链接1_](#)

标签

评论

[The Key_ 下载链接1_](#)

书评

[The Key_ 下载链接1_](#)