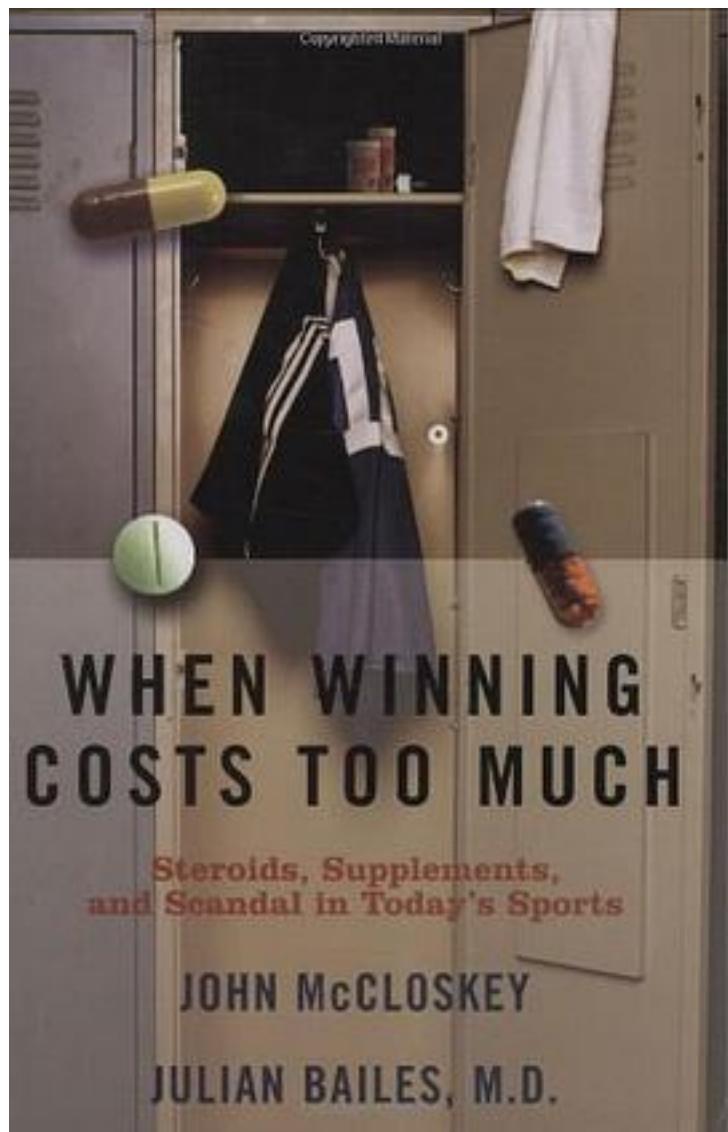


# When Winning Costs Too Much



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The authors combine to produce a work that addresses some of the most pressing issues in athletics today. While the book focuses primarily on steroid and supplement abuse, it also covers unethical practices on the part of some coaches and athletes to gain a competitive edge. Finally, it offers healthy alternatives to supplements for athletes wishing to gain size and strength without putting their future health at risk.

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