

Fat Daisy



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Move over, canine fitness gurus. "Fat Daisy" has waddled onto the scene No matter how many post-holiday workouts you blew off in January, or whether or not you actually made it into that yellow polka dot bikini this summer, "Fat Daisy: Inner Beauty Secrets from a Real Dog" is here to help you feel doggone great This bigger-than-life Chihuahua has experienced the belt-over blues, the heartache of upper thigh spread, and the retirement of even her largest doggie sweaters. When treatless fad diets and radical running regimens failed, "Fat Daisy" discovered her own inner beauty secrets: a confidence-building, positive-self-image-bolstering, humor-honing fitness program with a double helping of unconditional love.No matter what your collar size or the width of your doggie door, "Fat Daisy" delivers a full-figured and fabulous philosophy that picks you up, cheers you on, and reminds you to count your blessings instead of your calories, one Fat Daisy at a time.

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