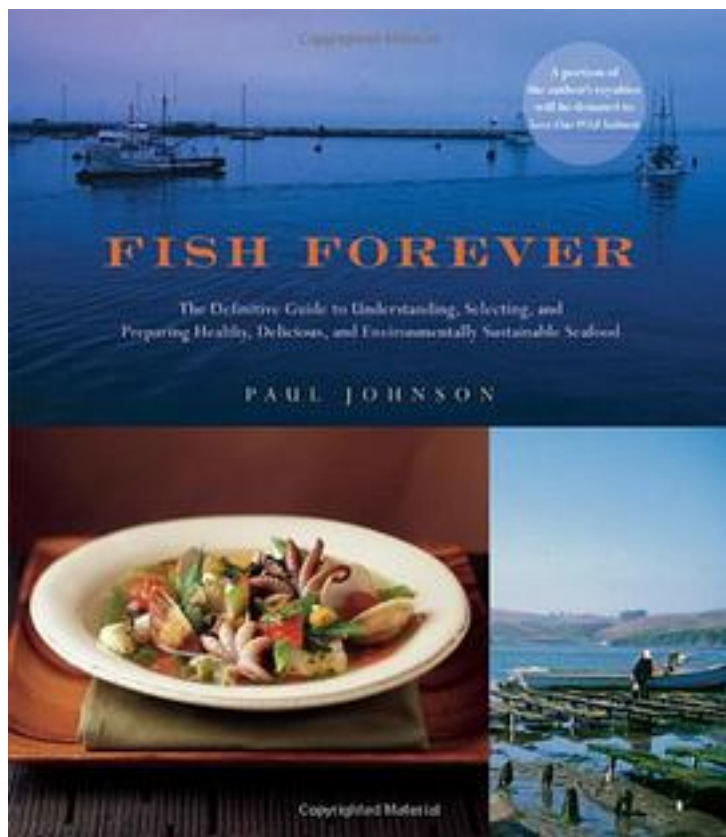


Fish Forever



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From a star fishmonger, a unique cookbook and guide to healthful, eco-friendly seafood Winner of the coveted IACP (International Association of Culinary Professionals) "Cookbook of the Year" award Few people know more about fish than Paul Johnson, whose Monterey Fish Market in San Francisco supplies seafood to some of the nation's most celebrated chefs, from Alice Waters, Thomas Keller, and Michael Mina to Todd English, Daniel Boulud, and Alain Ducasse. Now, Johnson at last shares

his peerless seafood expertise. Written for people who love seafood but worry about the overfishing of certain species as well as mercury and other contaminants, "Fish Forever" pinpoints today's least-endangered, least-contaminated, best-tasting fish and shellfish species. Johnson provides in-depth guidance on 70 different fish along with 96 stylish international recipes that highlight the outstanding culinary qualities of each. In addition to teaching readers about sustainable fishing practices, Johnson will be donating a portion of his royalties to Save Our Wild Salmon, an organization that works to restore wild salmon runs. Complete with over 60 beautiful color photographs, how-to tips, and fascinating sidebars, "Fish Forever" is a must-have kitchen resource for seafood lovers everywhere. A mutiple award winner, this great book also won the IACP's "Best Single-Subject Cookbook."

作者介绍:

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