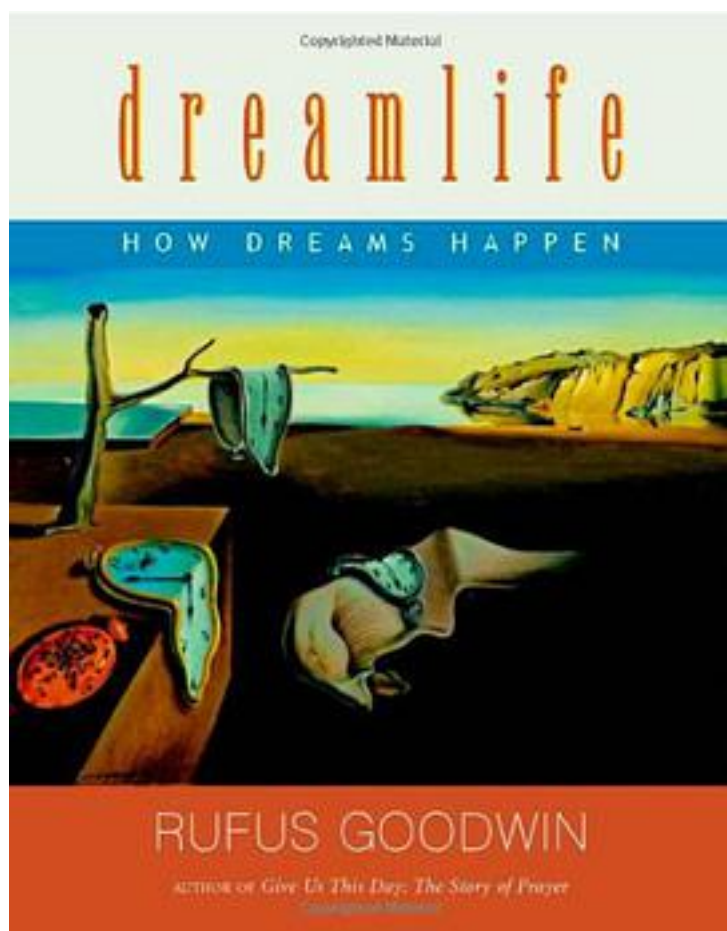


# Dreamlife



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著者:Goodwin, Rufus

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With subtle intelligence, persistence, and wit, Goodwin pursues his question in short, lucid chapters through thickets of competing theories. He takes an evenhanded approach, consulting those who work in dream laboratories, poets and writers, and

those dreamers who, like himself (and us), have pondered dreams and their meaning in life. In the end, he arrives at the concept of ?dreamlight? as a bridge between body and mind. This light, however, is not what it seems and has nothing to do with the brain's electrical activity. Rather, it is ?living light??a transpersonal element in our lives that says much about the nature and possibility of human consciousness.

作者介绍:

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