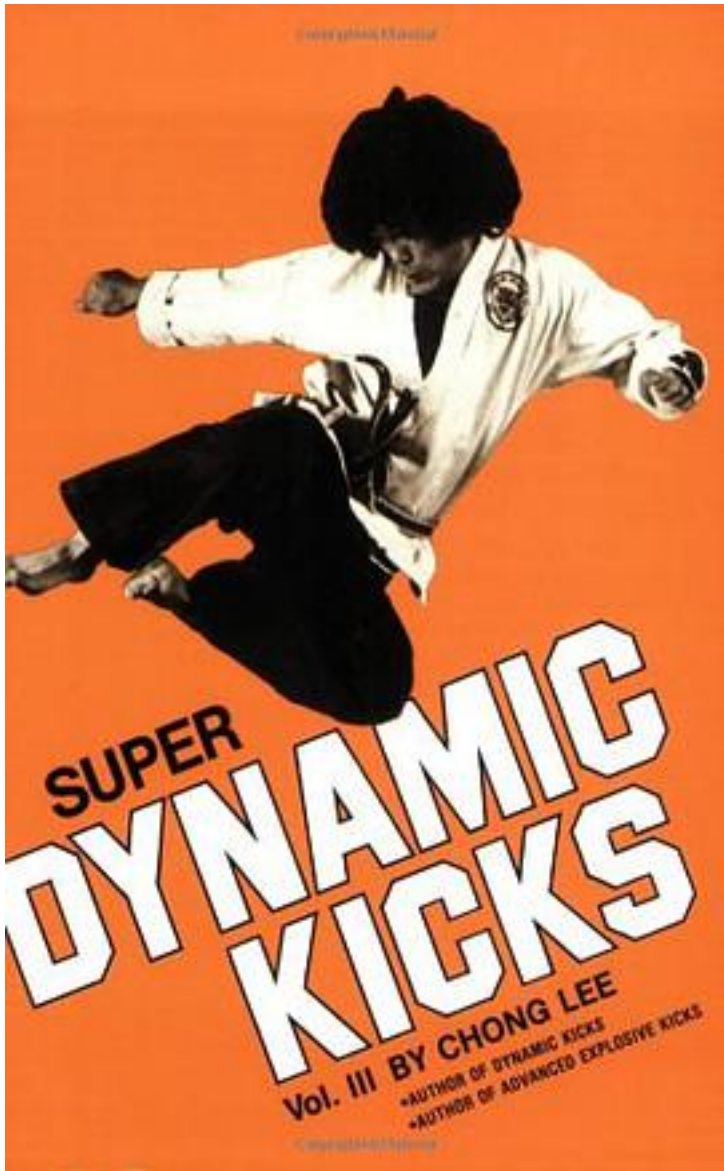


Super Dynamic Kicks



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著者:Lee, Chong

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Chong Lee reveals in stunning, step-by-step photographs that mastering devastating kicks can be done with precision and practice. This book covers kick and punch combinations, running jumping kicks, and air-kick combinations.

作者介绍:

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