

Dreams and What They Mean to You



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You dream every night. Experts from Plato to Freud, Aristotle to Jung have shared their wisdom about dreams. And still it is rare that a clear, incisive book that explains dreams comes around. But now there is *Dreams and What They Mean to You* by Migene González-Wippler.

This book explains the workings of the mind, how dreams function, and how to interpret them. Your dreams are filled with symbols, from general ones such as colors to specific objects and events. This book includes a huge dream symbol dictionary which gives interpretations of hundreds of symbols.

If you have a dream which includes a pickle, that symbol means you are wasting your energy on frivolous pastimes. A dream of a magazine means you will receive news from a distance. If you dream of a dragon it means you allow yourself to be ruled by your passions and should try to overcome your temper and violent nature.

Each dream symbol is also associated with two numbers. By keeping a record of the symbols in your dreams you may be able to find numbers that will bring you luck or be used for other purposes. What a handy tool this is!

Besides interpreting dreams, you can also control them — if you know how! This book can give you the techniques to remember dreams easily, dream more effectively, recall your dreams, and even learn to become aware that you are dreaming. This can lead to prophetic dreams and your ability to interpret them.

If you have ever had a dream that you knew was meaningful, but couldn't figure it out, this book is a must. If you're looking to understand yourself better, to discover your secret inner motivations, you'll want this book, too. In fact, you should keep this book by your bed so you can check it when you get up.

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