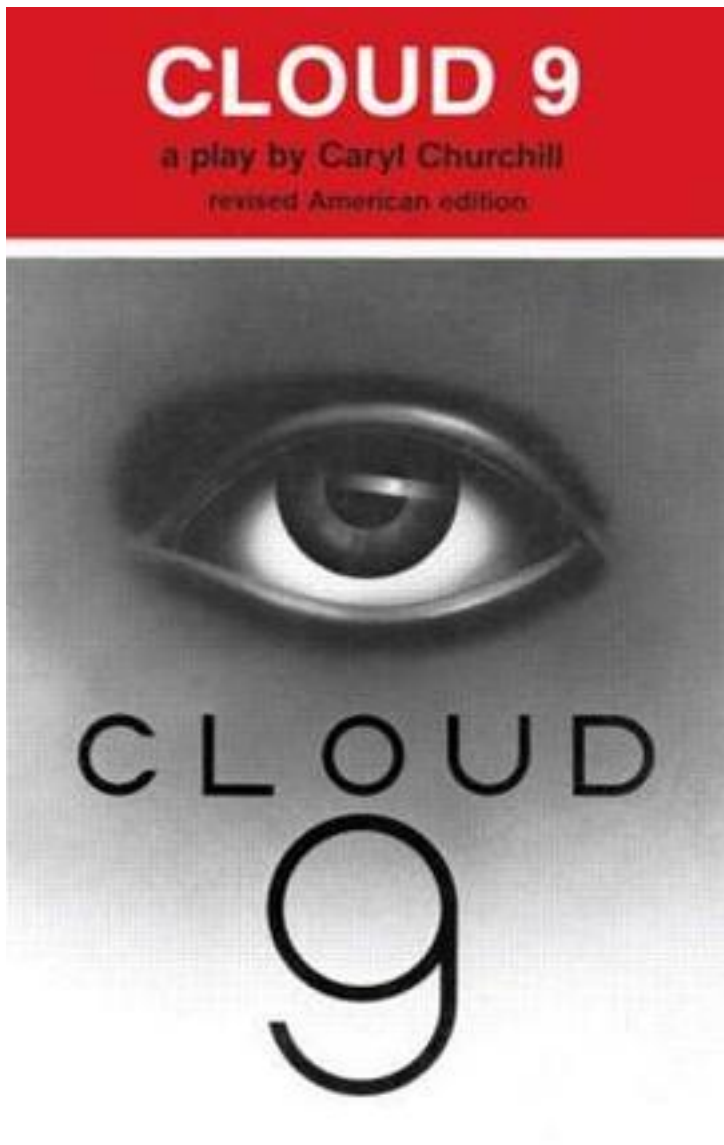


Cloud Nine



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Dreams -- windows into an inner world of hidden emotion and desire. Only by understanding our dreams can we fully know ourselves. And by recognizing the revealing subconscious meanings of our dreams and using that information in our waking lives, we have a greater opportunity for personal growth and change. Here is the most complete and comprehensive dream dictionary available. An essential resource for, exploring the subconscious mind, it offers thousands of dream symbols and definitions, listed alphabetically. For anyone who wishes to fully realize personal potential, this invaluable guide to dream interpretation provides essential information on how to: Keep a dream journal Recognize and understand your own personal dream symbology Encourage peaceful sloop and pleasant dreams Bring positive dreams to reality Banish bad dreams and gain Insight from nightmares Invoke healing dreams Monitor your personal progress by understanding your dreams a And much, much more! Including: Illuminating exercises, dreamwork techniques, pointers for improving visualization skills, and tips from some of the world's most respected contemporary dream masters.

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