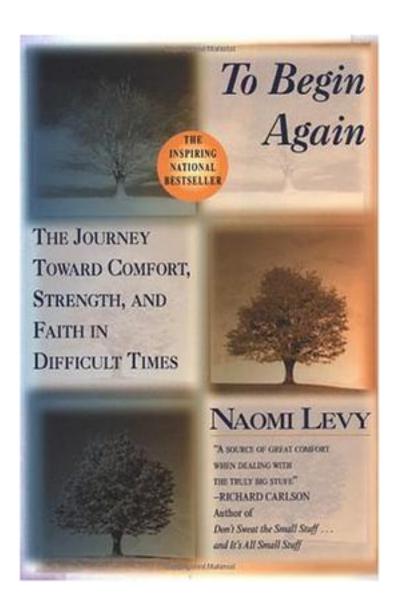
## To Begin Again



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著者:Naomi Levy

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"Words that come from the heart enter the heart, an ancient rabbinic proverb instructs us. The words in this book come from the heart--mine and the hearts of others. I pray that you will find within them a spark that will ignite the flame of hope and the passion for healing that lies within us all."

Naomi Levy was a spirited fifteen-year-old when her father was murdered in a senseless holdup that destroyed not only his life but her trust in a loving God. Healing took a long time, yet from her struggles with grief, anger, and depression, she forged the wisdom that made her, at twenty-six, a beloved rabbi--and now makes her book a miracle of honesty, recovery, and compassion.

Where do we find the strength to meet tragedy? Can we rekindle hope? Innocence? Faith? The answers, illustrated with many moving, true stories drawn from Rabbi Levy's experience and the lives of her congregants, provide sanity, peace, and a safe harbor where we can heal and grow. Remember: "Death is a great tragedy. But to die while we are still living, that is the greatest tragedy of all."

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