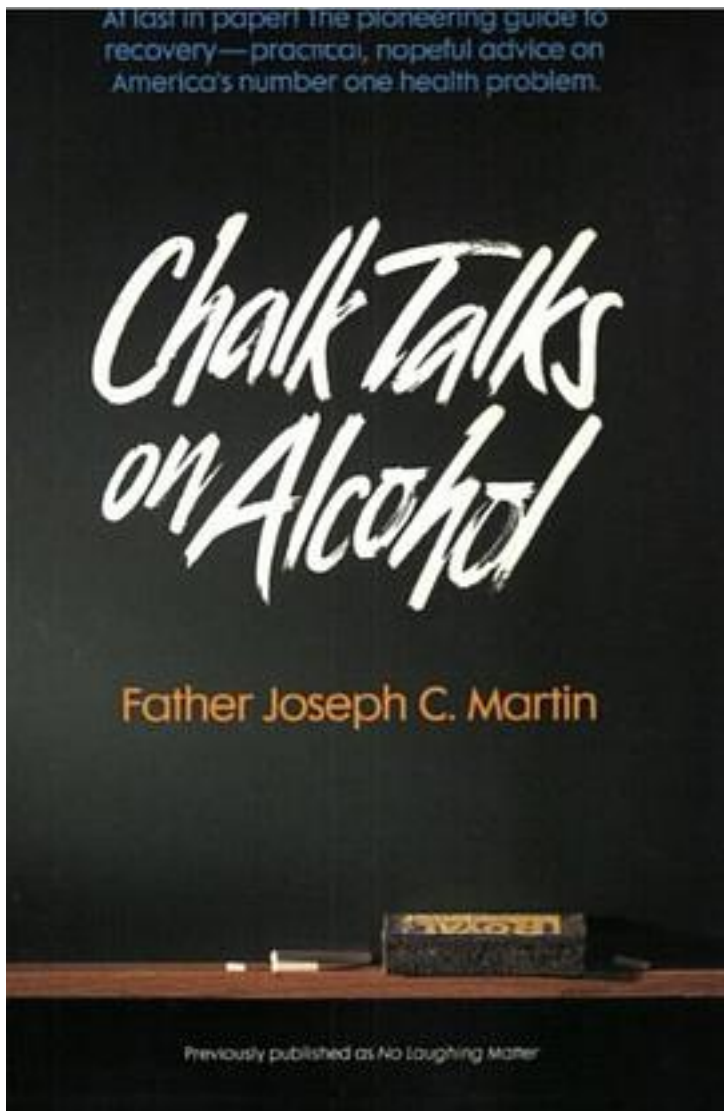


Chalk Talks on Alcohol



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著者:Martin, Joseph C.

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The Classic Guide to Recovery from Alcoholism This no-nonsense guide to understanding and recovering from alcoholism provides new hope for alcoholics, their families, and friends. Hard-won experiences -- Father Martin is a recovering alcoholic -- underlies this thorough yet always clear presentation. Chalk Talks sheds new light upon the complex problems of alcoholism, which affects the mind, body, soul, and emotions. Father Martin does not preach or moralize but remains practical in discussing attitudes toward, and reasons for, alcoholism; the physiological/psychological effects; health problems; symptoms; intervention; treatment and support; and where to turn for further information and assistance. Chalk Talks is not a scientific treatise but a message of hope to all persons concerned with America's number-one health problem.

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