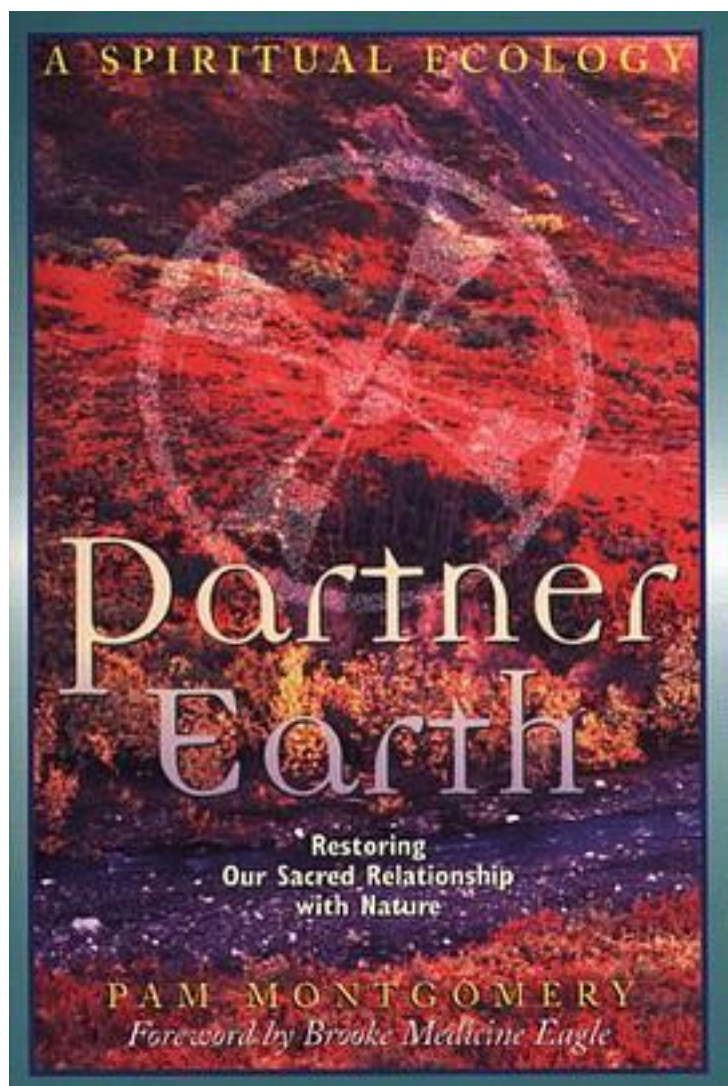


# Partner Earth



[Partner Earth\\_ 下载链接1](#)

著者:Montgomery, Pam

出版者:Inner Traditions

出版时间:1997-10

装帧:Pap

isbn:9780892817412

A well-respected herbalist describes how opening ourselves to the spirit forces of nature can promote personal well-being and restore a healthy relationship between humanity and Earth. The pace and demands of modern life have caused a great split between the material and the spiritual in our lives. Our bodies reflect this through fatigue, depression, and chronic illness. To become whole beings again, the author asserts that we must reclaim our birthright as partners with all of creation, opening ourselves to the spirits of plants, animals, and the elements, known as devas, through whom we can bridge the gap between the physical body and the energetic patterns that support all life. "Partner Earth" provides a wide range of practical exercises, based on traditional wisdom, visualizations, and the author's experience as an herbalist, that enable one to create sacred space, find plant and animal allies, and create flower essences that can help heal the rift between individuals and their environment.

作者介绍:

目录:

[Partner Earth\\_ 下载链接1](#)

标签

评论

-----  
[Partner Earth\\_ 下载链接1](#)

书评

-----  
[Partner Earth\\_ 下载链接1](#)