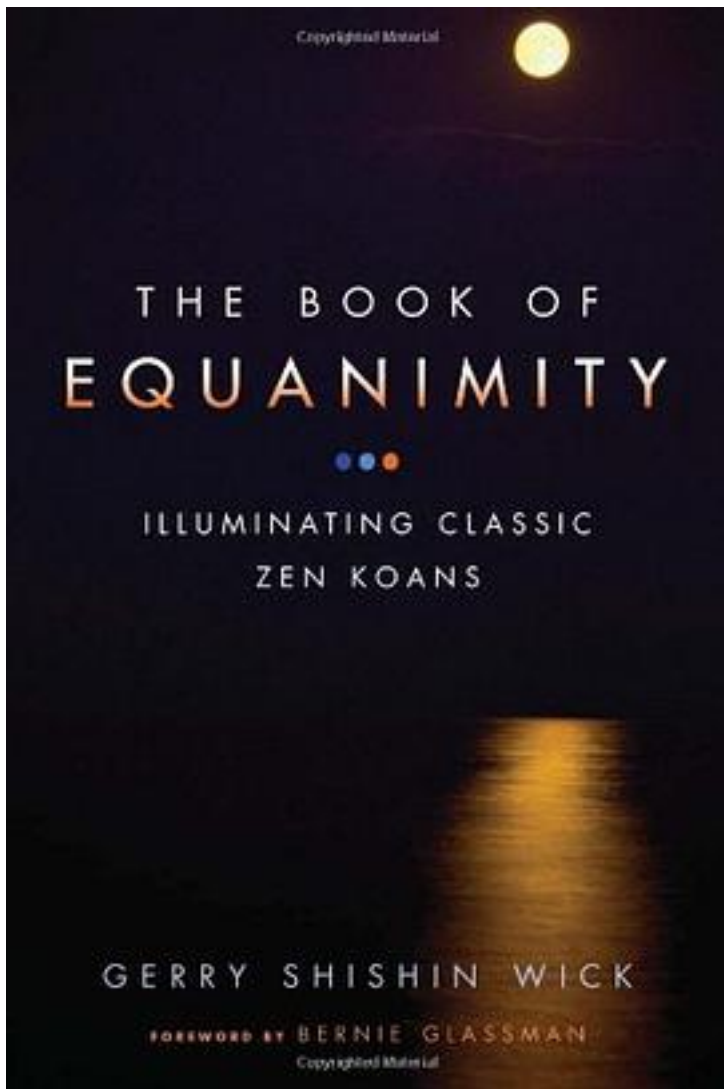


The Book of Equanimity



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The Book of Equanimity contains the first-ever complete English commentaries on one of the most beloved classic collections of Zen teaching stories (koans), making them vividly relevant to spiritual seekers and Zen students in the 21st century. This collection is used for Zen training in many Zen centers in the Americas and in Europe, but has never before been available with commentary from a contemporary Zen master. Wick's Book of Equanimity includes new translations of the classic koans, as well as his own commentaries on the stories.

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