

Suicide



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For those thinking about suicide, and for those who know, love, or counsel them, this book discusses the social aspects of suicide, the right to die, anger, loneliness, depression, stress, hopelessness, drug and alcohol abuse, the consequences of a suicide attempt, and how to get help.

作者介绍:

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标签

英文原版

non-fiction

评论

However much we may not like ourselves or however we may regret what we have done or have become, we are at least one-of-a-kind person-- the likes of which this world will never see again. While into every life a little rain must fall, sometimes you get a hurricane. 作者语气很大妈但是很令人信服有木有
要不是我天性比较乐观神经搭错才看这本书 肯定也会被他劝的放下自杀的念头 LOL

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书评

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