

The Moveable Couch



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著者:Potter Style

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Got some issues? You can spend time on the couch—or you can release all of those phobias, foibles, and freak-outs into this highly portable journal. Filled with quotes, definitions, and insightful prompts, the only thing The Moveable Couch Mini Journal is missing is a degree in psychotherapy 128 pages (guided), 4 1and#8260;16 x 5

1 and 8 inches, with an elastic band closure

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