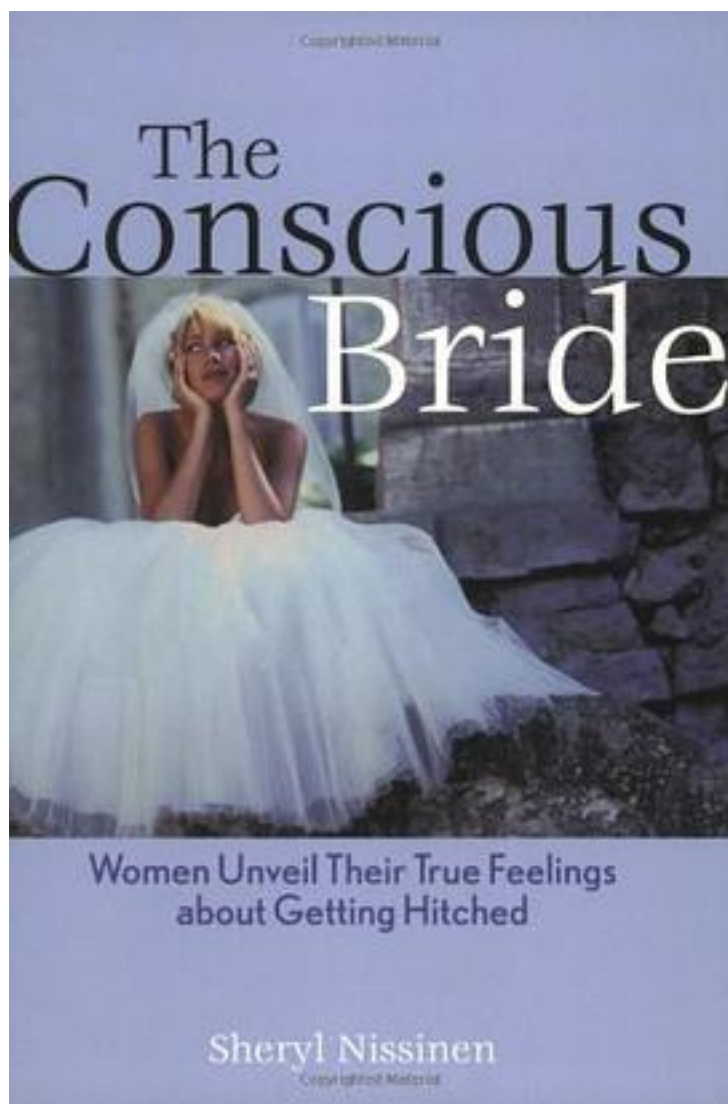


# The Conscious Bride



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出版者:New Harbinger Pubns Inc

出版时间:2001-1

装帧:Pap

isbn:9781572242135

This volume in New Harbinger's "Women Talk About" series offers a candid look at what a bride can really expect to go through, told by women who've been there. It's a reassuring guide to coping with the emotional ups and downs that many women experience as they plan their wedding. For "The Conscious Bride", Sheryl Nissinen interviewed a diverse group of women who were on their way to the altar or who had made it down the aisle and past the "I do's" to the other side. The frank discussion that results covers concerns as varied as the mythology and rituals of the wedding itself, the bride's fears about separating from family and friends, and the sometimes cruel ironies of making the transformation from an independent, single woman into that other status, that whatever-it-is a "wife" is supposed to be.

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