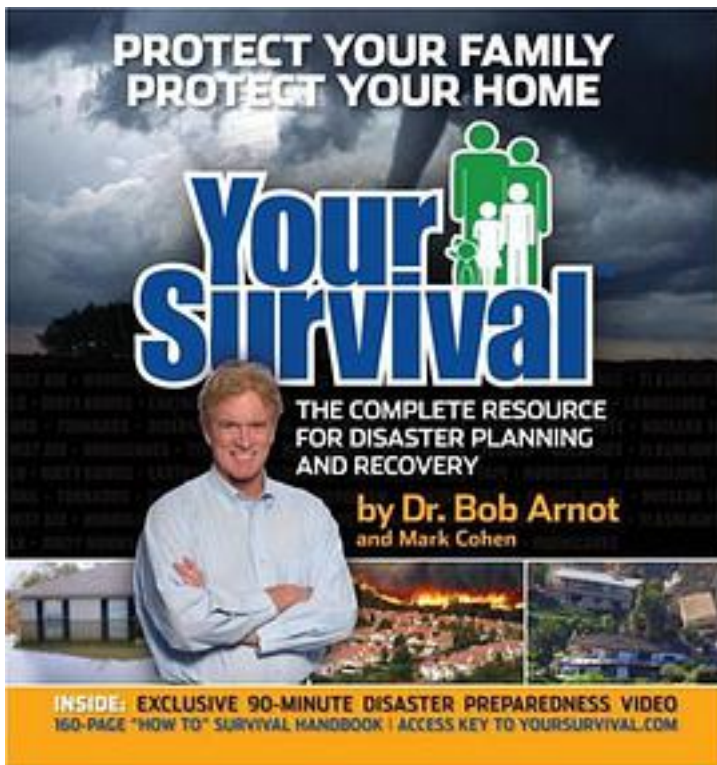


Your Survival



[Your Survival_ 下载链接1](#)

著者:Arnot, Bob, Dr./ Cohen, Mark

出版者:Random House Inc

出版时间:2007-10

装帧:Pap

isbn:9781578262625

As Seen on FOX's Geraldo and CNN's Larry King Live.

Includes important information on FLU PANDEMICS and what you can do to protect yourself and your family from outbreaks such as SWINE FLU.

Dr. Bob Arnot, America's most trusted medical correspondent, and Mark Cohen, present Your Survival, a practical handbook that makes planning for a disaster so simple, easy, and inexpensive that there's no longer an excuse to put it off.

Complete with checklists to help you stock an emergency food closet, vet your insurance policy, improve the chances your S.O.S. calls and emails will get through when no one else's can, and protect your home and your family against earthquakes, tornadoes, mudslides, terrorist attacks, flu outbreaks... any crisis you may face.

Your Survival provides a wealth of life saving knowledge: Explore a 90-minute DVD which includes interviews with the nations foremost disaster experts Learn first-hand the most common mistakes people make Discover the 10 most important items you should have on hand at all times

With advice from survivors and experts alike, Your Survival is a vital investment.

作者介绍:

目录:

[Your Survival_ 下载链接1](#)

标签

评论

[Your Survival_ 下载链接1](#)

书评

[Your Survival_ 下载链接1](#)