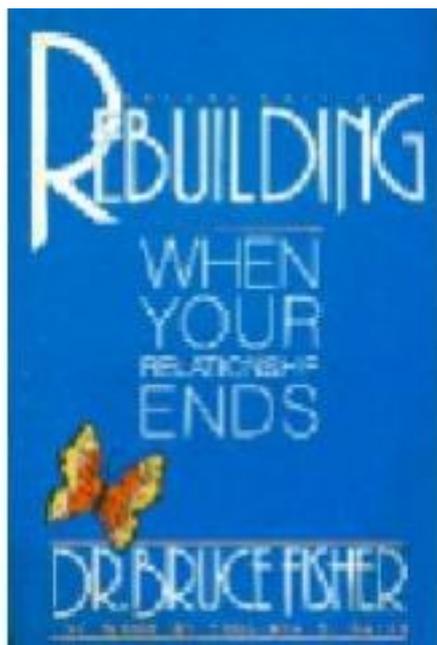


# Rebuilding



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著者:Bruce Fisher

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Internationally renowned divorce therapist Bruce Fisher and his 800,000-copy bestselling guide, *Rebuilding: When Your Relationship Ends*, have made the long and difficult process of divorce recovery a lot easier. Fisher's "divorce process rebuilding blocks" offer a proven, supportive nineteen-step process for putting one's life back together after divorce. Built on more than two decades of research and practice, *Rebuilding* reflects feedback from, and the experiences of hundreds of thousands of divorced men and women who have read and used *Rebuilding*--many of them on their own, others in one of thousands of groups the book has spawned in the U.S.A., Canada, Australia, New Zealand, Mexico, and elsewhere. Clearly the most widely used approach to divorce recovery, Fisher's *Rebuilding* model has made the divorce process less traumatic, even healthier, for his readers. His Fisher Divorce Adjustment Scale is

recognized worldwide as a measure of adjustment to the end of a love relationship. Bruce's thorough understanding of the different stages of the divorce process is remarkable--his readers often comment, "He seems to know exactly what I'm feeling " Not surprisingly, Rebuilding has consistently been the #1 divorce bestseller at Amazon.com. The new 3rd edition, revised and updated with the assistance of psychologist and marriage and family therapist Dr. Robert Alberti, continues Bruce's tradition of straight-to-the-heart response to the needs of those who are divorcing or divorced.

作者介绍:

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