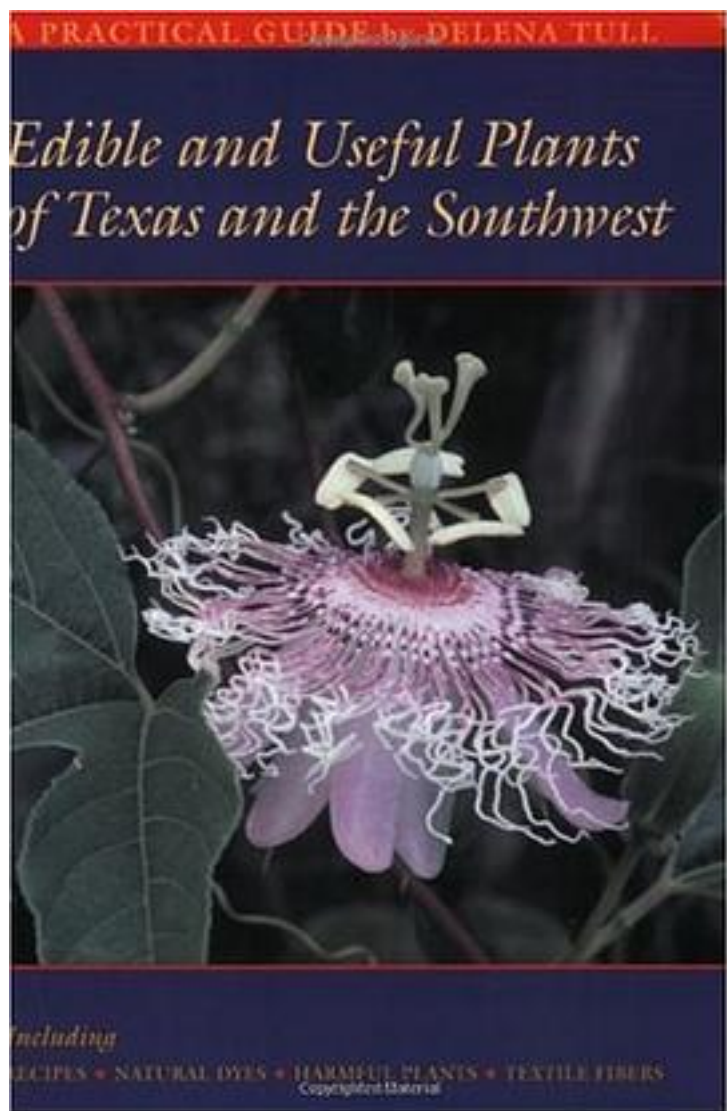


Edible and Useful Plants of Texas and the Southwest



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出版者:Univ of Texas Pr

出版时间:1999-1

装帧:Pap

isbn:9780292781641

All around us there are wild plants good for food, medicine, clothing, and shelter, but most of us don't know how to identify or use them. Delena Tull amply supplies that knowledge in this book, one of the first focused specifically on plants that grow in Texas and surrounding regions of the South and Southwest. Extensively illustrated with black-and-white drawings and color photos, this book includes the following special features: Recipes for foods made from edible wild plants. Wild teas and spices. Wild plant dyes, with instructions for preparing the plants and dyeing wool, cotton, and other materials. Instructions for preparing fibers for use in making baskets, textiles, and paper. Information on wild plants used for making rubber, wax, oil, and soap. Information on medicinal uses of plants. An identification guide to hay fever plants and plants that cause rashes. Instructions for distinguishing edible from poisonous berries. Detailed information on poisonous plants, including poison ivy, oak, and sumac, as well as herbal treatments for their rashes.

作者介绍:

目录:

[Edible and Useful Plants of Texas and the Southwest_ 下载链接1](#)

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[Edible and Useful Plants of Texas and the Southwest_ 下载链接1](#)

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