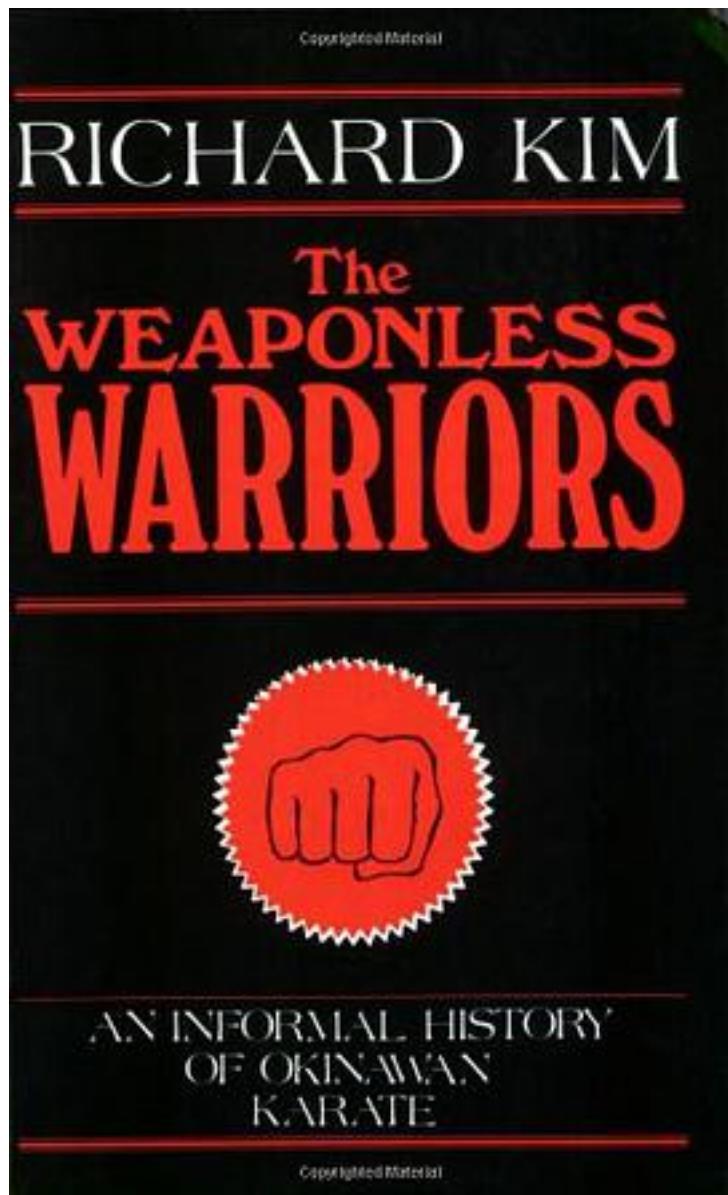


The Weaponless Warriors



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An informal history of Okinawan karate and its growth, told through vignettes about its most famous practitioners, this rare chronicle is one of the most thoroughly researched histories on Okinawan karate, with rare photographs of the earliest pioneers of naha-te, the empty-hand style of self-defence. An essential addition to any martial artist's library.

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