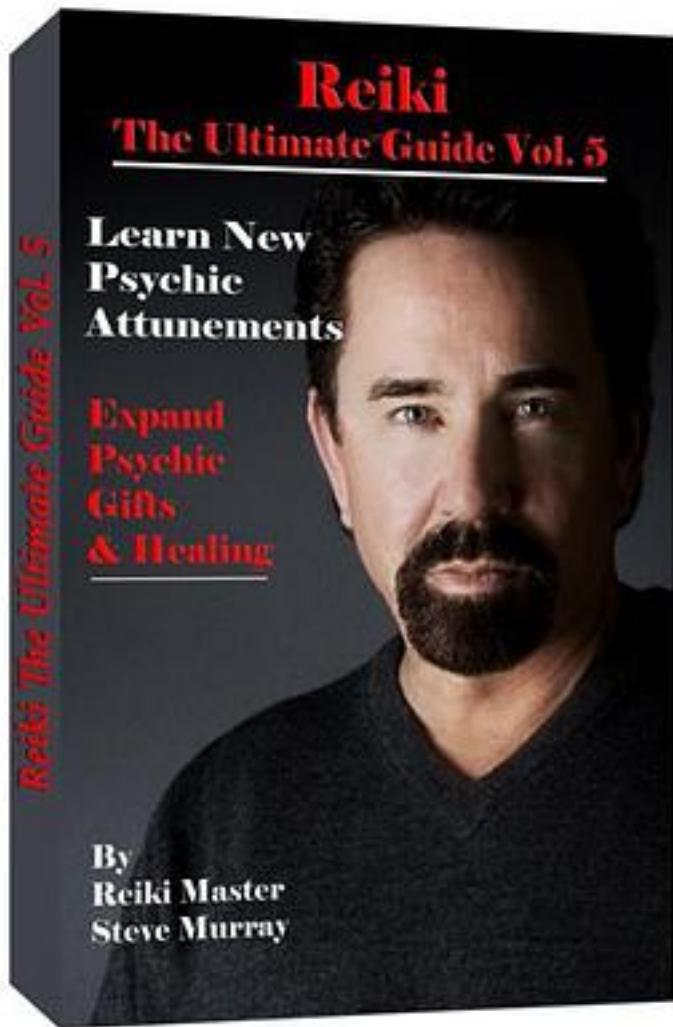


Reiki, the Ultimate Guide



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The guide includes: over 140 step-by-step photos, plus illustrations to make it easy to learn how to perform Reiki Aura Attunements; complete instructions for all Reiki Levels on how to perform Reiki Aura Attunements for each of the following specific mental and emotional issues: Addiction, Anger, Anxiety/Stress, Depression, Eating Disorders, Fear, Grief, Guilt, Hate, Insecurity, Insomnia, Jealousy, Love Issues, Memory, Mental Blocks, Money Issues, Obsessive Issues, Panic, Phobias, Psychological Issues, Sexual Issues, Shame, Spiritual Issues, Weight Issues; How to see your Aura; How to protect your Aura. You will also learn: what is the Aura; what are the seven layers of the Aura; how to see an Aura; what is a Reiki Aura Attunement; how to prepare for a Reiki Aura Attunement; how to perform an Aura Attunement in 15 minutes; what happens during and after a Reiki Aura Attunement; what to do following a Reiki Aura Attunement; plus: additional Reiki guidance you should know.

作者介绍:

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