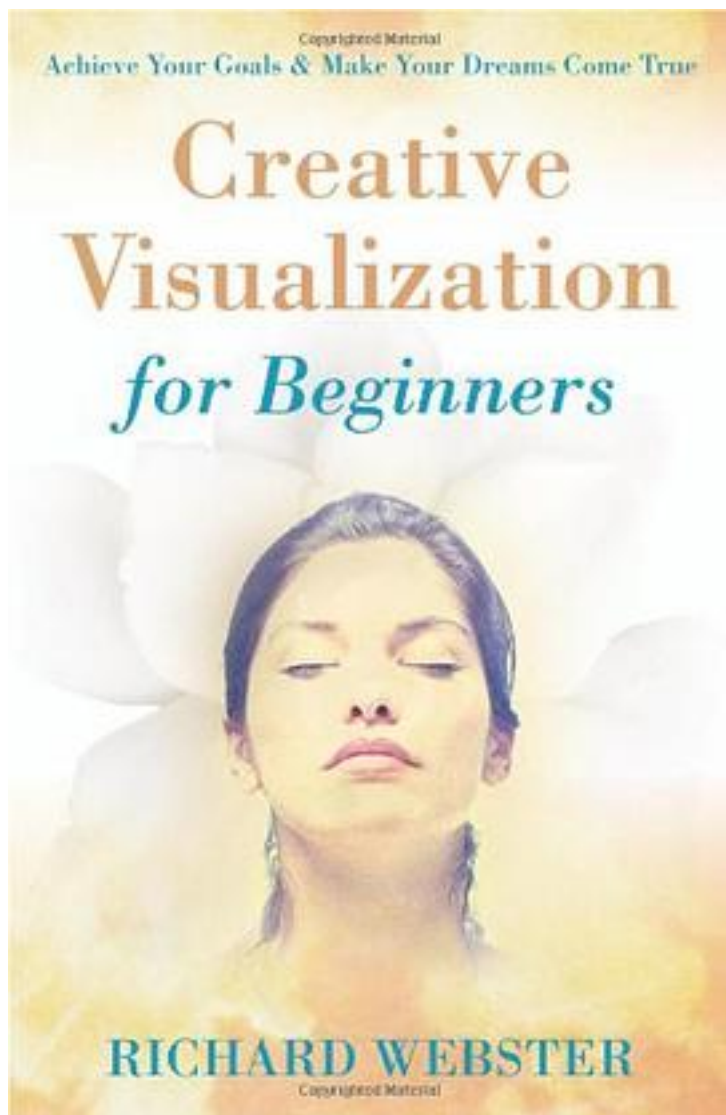


# Creative Visualization for Beginners



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You have the ability to visualize success and manifest each one of your hopes and dreams. A natural capacity of the human mind, creative visualization helps millions of people achieve their goals. Creative visualization will empower you to make positive, lasting changes in your own life. Award-winning author Richard Webster presents an effective system for making your dreams come true, including methods for handling difficulties along the way. Try a variety of simple activities and easy-to-follow techniques to: - Improve your health- Build rewarding relationships- Advance your career and earn more money- Supercharge your creativity- Nurture and restore your soul

作者介绍:

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