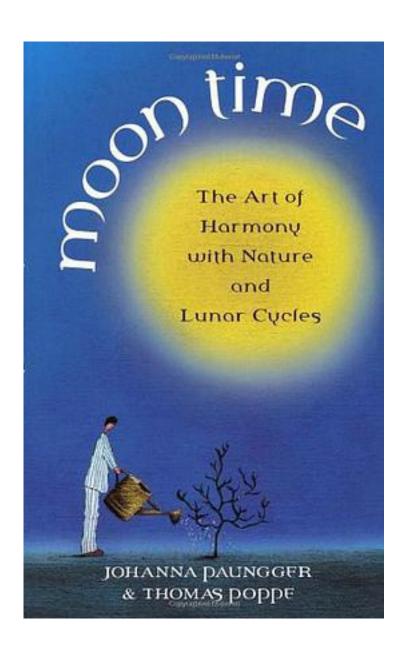
Moon Time



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Direct perception and experience led our ancestors to the discovery that the success of many activities in daily life is subject to natural rhythms and the phase and position of the moon. 'Moon Time' shows:* The way to a healthy life based on timeless knowledge that we have either forgotten or learned to ignore* The influence of the moon and other natural rhythms on health and healing* Healthy nourishment and living in harmony within the cycles of the moon* The power of the mind* The influence of all these aspects on body, mind and spirit. Here is knowledge that will stay with you for life. This is the medical science of the future.

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