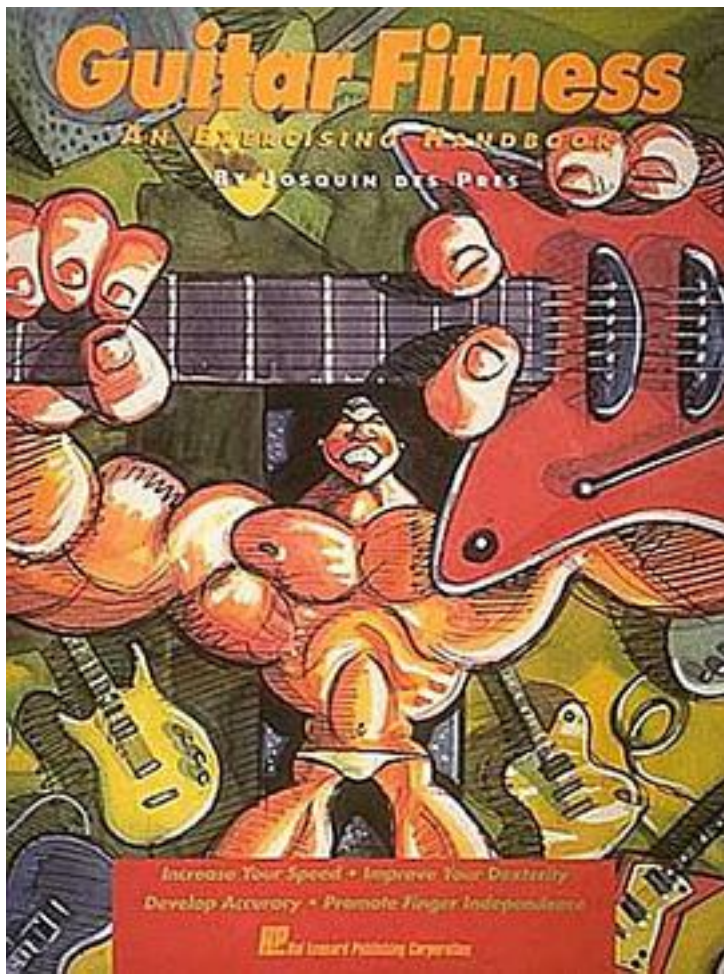


Guitar Fitness



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著者:Des Pres, Josquin

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By the same author of the critically acclaimed Bass Fitness, comes Guitar Fitness. The purpose of this book is to provide the guitar player with a wide variety of finger

exercises to develop the technique necessary to succeed in today's music scene. These exercises are designed to help increase speed, improve dexterity, develop accuracy and promote finger independence. These exercises cover a wide range of technical requirements to help beginners through experienced pros.

作者介绍:

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