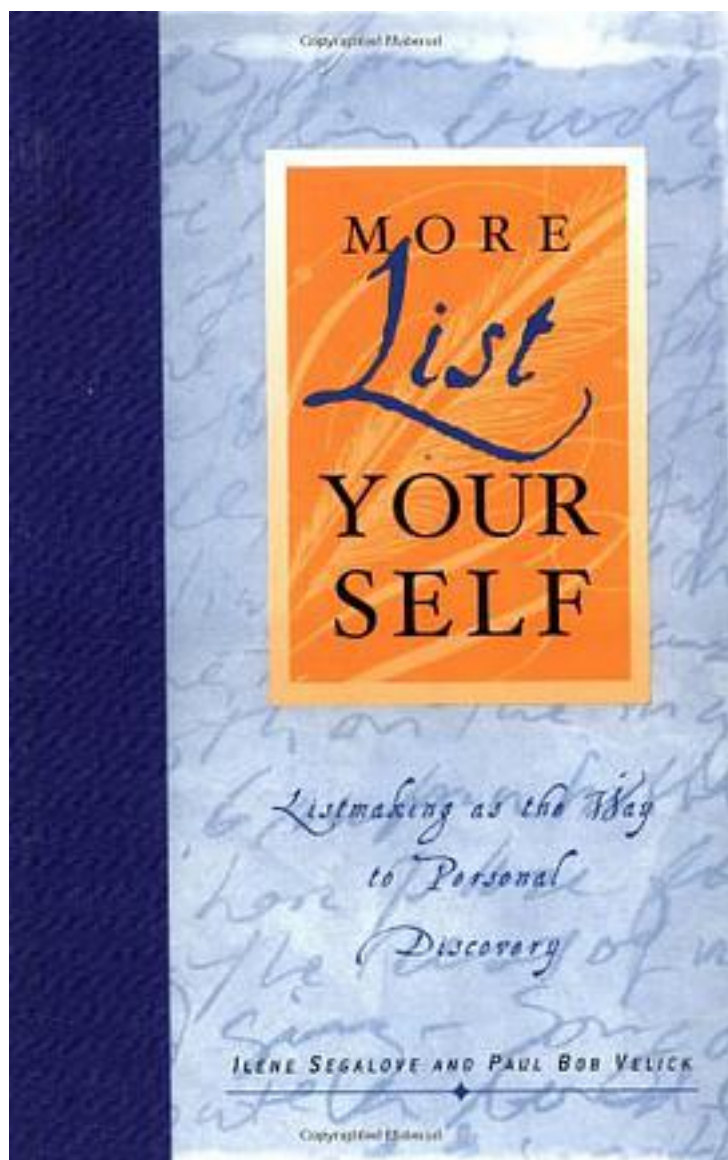


More List Your Self



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出版者:Andrews McMeel Pub

出版时间:2002-3

装帧:HRD

isbn:9780740722257

The creative team of Segalove and Velick are back with More List Your Self, the latest title in the popular list book series. Like the original book, More List Your Self offers a wild and probing look at your personal lifestyle and history. Through listmaking, readers are invited to examine their rituals and habits, ponder their values and dreams, and explore their relationships with technology, family, money, and other facets of modern existence. This fresh collection of "list questions" promises an even greater depth of self-discovery. For newcomers to the List Your Self books, More List Your Self is an easy and fun-filled guide for taking a personal inventory of life, love, and psyche. For the thousands who have relished other titles in the List Your Self series, this new volume issues an irresistible invitation. For both rookie and veteran listmakers, More List Your Self offers revelation, wonder, and profound self-awareness. Readers will be amazed at the things they will discover about themselves and their world through this unique journaling process.

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