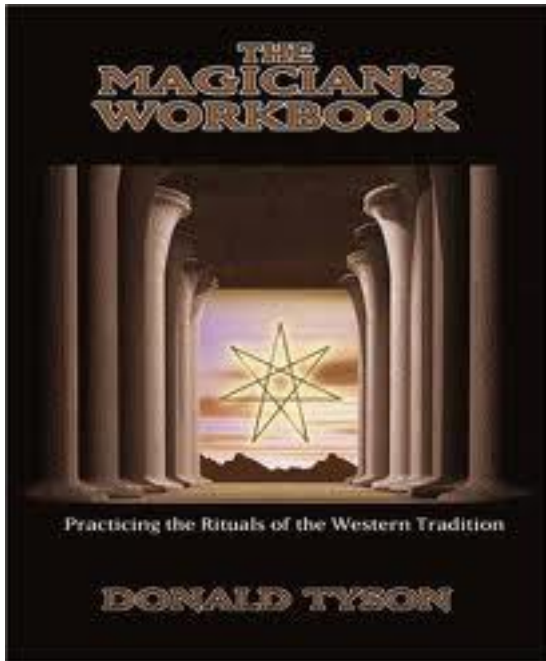


The Magician's Workbook



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Everything that a beginner needs to start performing ritual magic is in this basic training manual of daily study. These exercises do not merely teach--they transform. When practiced regularly, they will provoke changes in the body, brain, perceptions, emotions, and the will--changes necessary for the successful working of magic in any of its ancient or modern traditions.

This text contains 40 magical exercises to be done immediately, along with a progressive 40-week schedule of daily study that integrates inner mental conditioning with external words and movements. It is a primer for the further study of the Golden Dawn and other forms of Western magic.

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