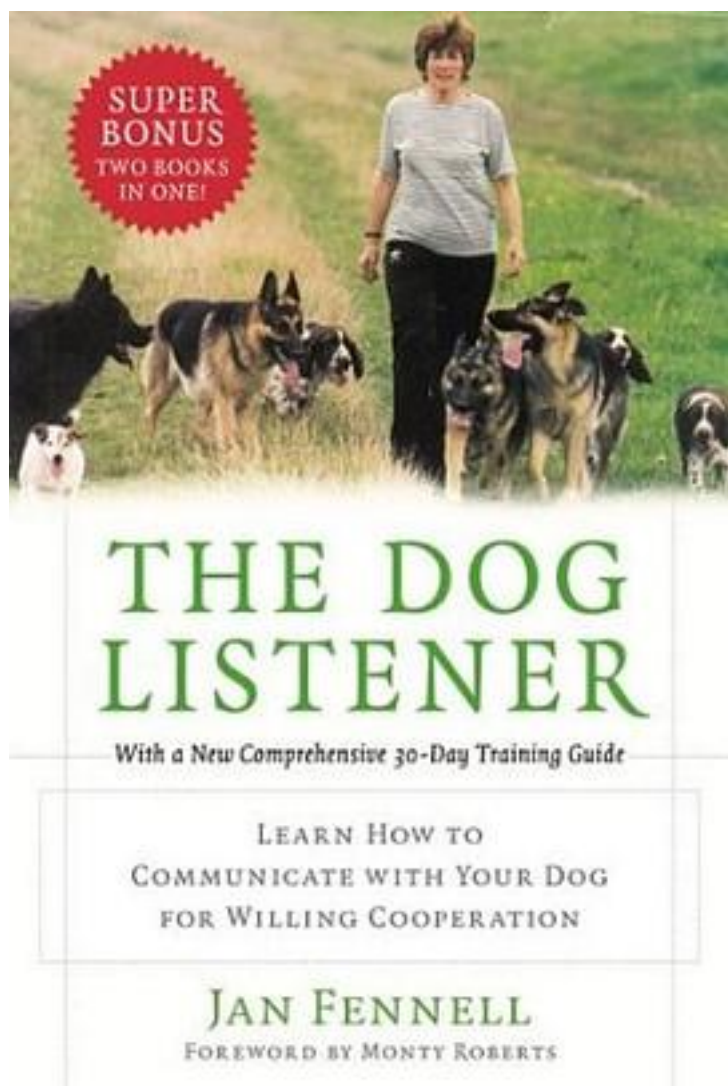


The Dog Listener



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著者:Jan Fennell

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In The Dog Listener Jan Fennell shares her revolutionary insight into the canine world and its instinctive language that has enabled her to bring even the most delinquent of dogs to heel. This easy-to-follow guide draws on Jan's countless case histories of problem dogs -- from biters and barkers to bicycle chasers -- to show how you can bridge the language barrier that separates you from your dog. This edition includes a new 30-Day Training Guide to further incorporate Jan's powerful method into every element of pet ownership, including: Understanding what it means to care for a dog Choosing the right dog for you Introducing your dog to its new home Overcoming separation anxiety Walking on a leash Dealing with behavioral problems Grooming And much more

作者介绍:

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标签

狗

社会学

心理学

动物

评论

这本书读下来其实最核心的思想不外乎一点：
狗大部分的问题，不论是喜欢咬人、分离焦虑、在家大小便等都是由于一个原因导致：他认为他是守护这个家的“leader”。因此需要改善这些问题，则需要让狗狗卸下作为“leader”的重任，也就是让他知道他的主人，才是“leader”。
文章中提出了若干实际操作的方法，其中最basic的，也是我个人有尝试确实有效的，是“five minutes rule”也就是跟狗狗分离后再见面时，需要ignore狗狗，不接触不说话不看他。保持5分钟甚至以上，直到狗狗冷静不再围绕着你。坚持这个方法一段时间，你会看到一些成效

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书评

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