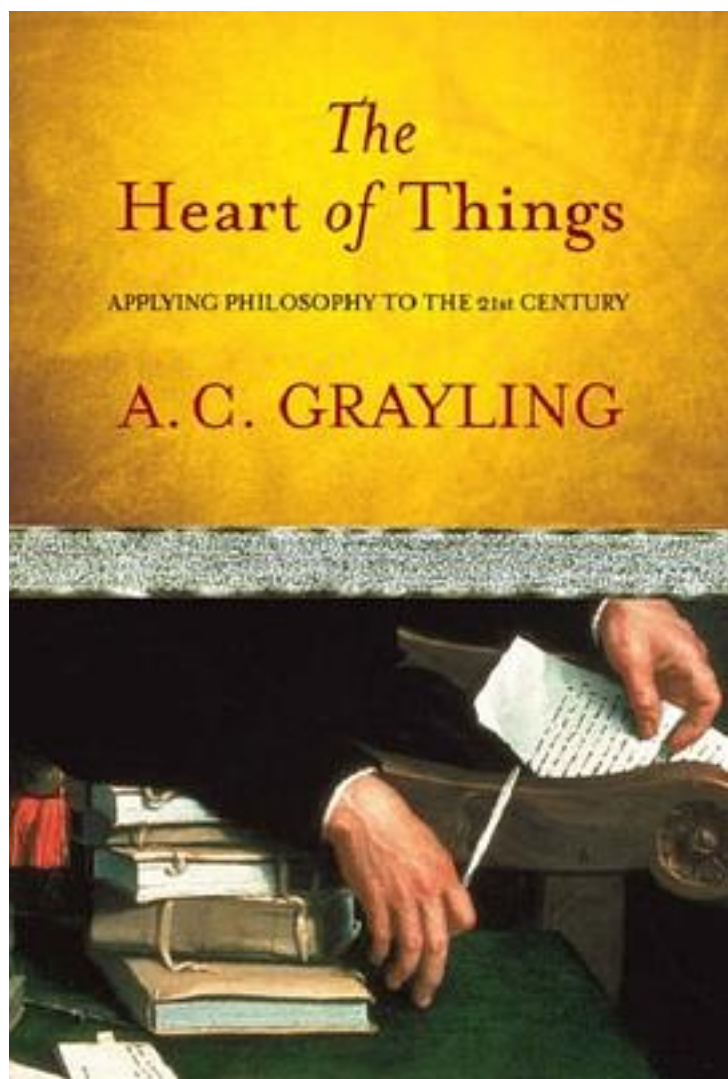


# The Heart of Things



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著者:Grayling, A. C.

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Everyone wishes to live a life that is satisfying and fulfilling, in which there is achievement and pleasure, and which has the respect of people one, in turn, respects. And one of the fundamentals to living such a life is to reflect on the choices we make. In this new collection, AC Grayling invites the reader into a conversation with ideas. From personal questions about happiness and quality of life to wider public concerns such as war and democracy, these essays provide a springboard to thought and to exploring what is best about the human heart and mind.

作者介绍:

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