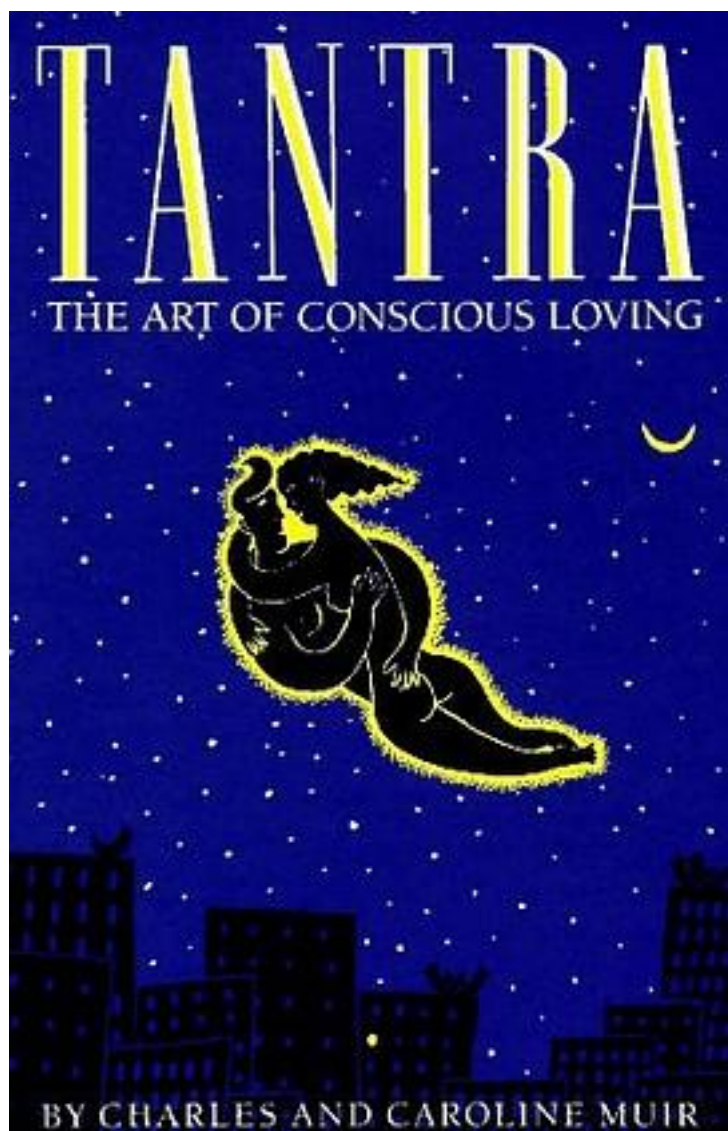


Tantra



[Tantra_下载链接1](#)

著者:Feuerstein, Georg

出版者:Random House Inc

出版时间:1998-7

装帧:Pap

isbn:9781570623042

Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. Tantra: The Path of Ecstasy dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition.

The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

作者介绍:

目录:

[Tantra_下载链接1](#)

标签

瑜伽

印度有关

tantra

灵性

最好

哲学有关

评论

[Tantra_下载链接1](#)

书评

[Tantra_下载链接1](#)