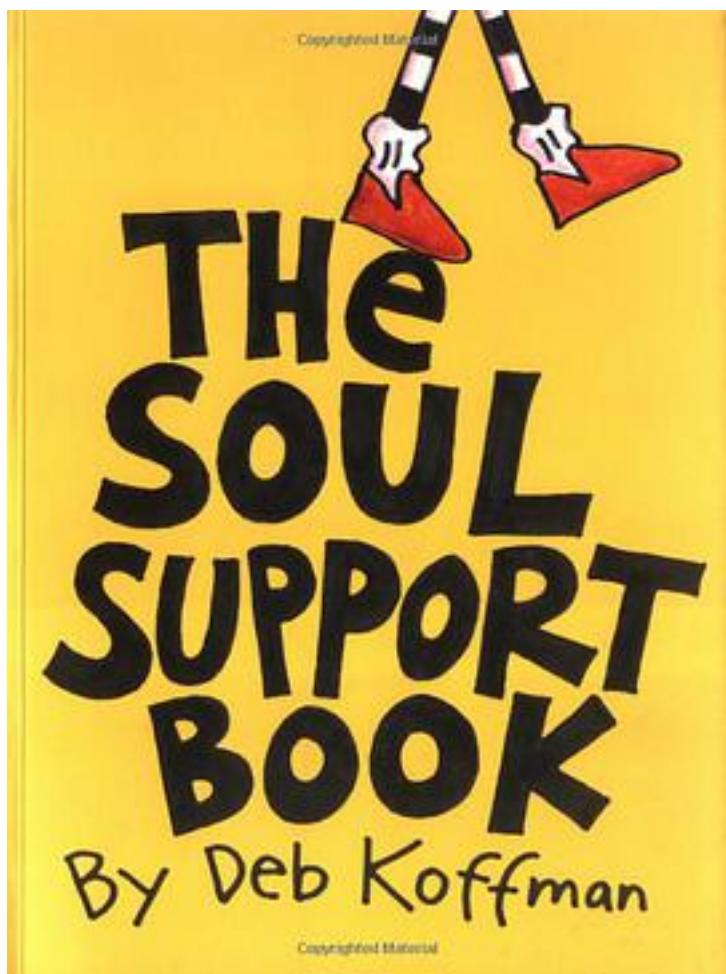


That Soul Support Book



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著者:Koffman, Deb

出版者:Workman Pub Co

出版时间:2003

装帧:Pap

isbn:9781580172868

Think of Deb Koffman as a guru with a great sense of humor. She's deep, she's funny, she's inspiring. Deb gets her point across fast through bold, colorful cartoons, each

accompanied by just a single line of text. Every spread is a mini-meditation, visually exploring common words of wisdom such as, "There's always another way," "Follow your intuition," and "Seek new perspectives." Deb's fresh insights into these concepts are sure to make you smile and say, "Oh, yes, I've been there." Deb wasn't trained as an artist or a writer, but you'd never know it by looking at her cartoons. She favors big blocks of color, comical cartoon faces, and pairs of happy feet in magical red shoes. The combination of whimsical drawings with insightful copy lines is simply brilliant. These cartoons are the kind of thing you'll want to tape to your refrigerator, use as a screen saver on your computer, even carry around in your pocket for those moments when your soul could use a lift.

Deb's cartoons are drawn from her own life experience, but the truths they convey - be more joyful, be more loving, live a creative life, don't be afraid to take a chance - apply to everyone. Such universality makes THE SOUL SUPPORT BOOK a perfect gift for grads, newlyweds, new moms (and new dads), job changers, or anyone else in the midst of a life-altering transition.

作者介绍:

In 1988 Deb Koffman changed her life completely, giving up an urban life in which she worked in an advertising agency to move to a small town in western New England. She creates her art in a studio in Great Barrington, Massachusetts. Deb loves to work on all scales - from doodling on a small piece of paper to painting a cartoon that will cover an entire wall. This is her first book.

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标签

评论

在圖書館無意間看到的清新智慧小書。有點幾米的感覺。蠻不錯的。

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书评

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