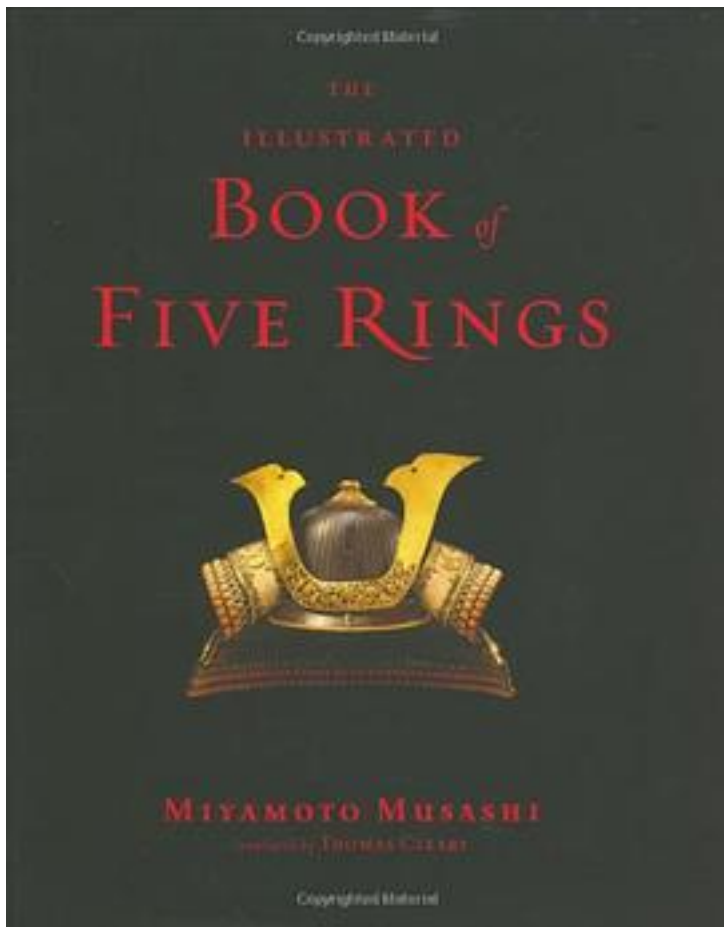


# The Illustrated Book of Five Rings



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著者:Musashi, Miyamoto

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Written by the master swordsman and undefeated samurai Miyamoto Musashi in 1643, The Book of Five Rings has become a classic on the arts of strategy and confrontation. Musashi's wise and penetrating advice and observations are applicable not only to martial artists but for leaders in all professions; he analyzes the process of struggle and

mastery over conflict that underlies every level of human interaction.

In this exquisite illustrated edition, Thomas Cleary's accessible translation and illuminating introduction are enhanced by forty-five full-color illustrations from Japanese sources, including battle scenes, reproductions of fine samurai swords and armor, and art from the Zen tradition (which had a close relationship with the Japanese martial culture).

Also included is Cleary's translation of another important Japanese classic on leadership and strategy: The Book of Family Traditions on the Art of War by Yagyu Munenori, which highlights the ethical and spiritual insights of Taoism and Zen as they apply to the way of the warrior.

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