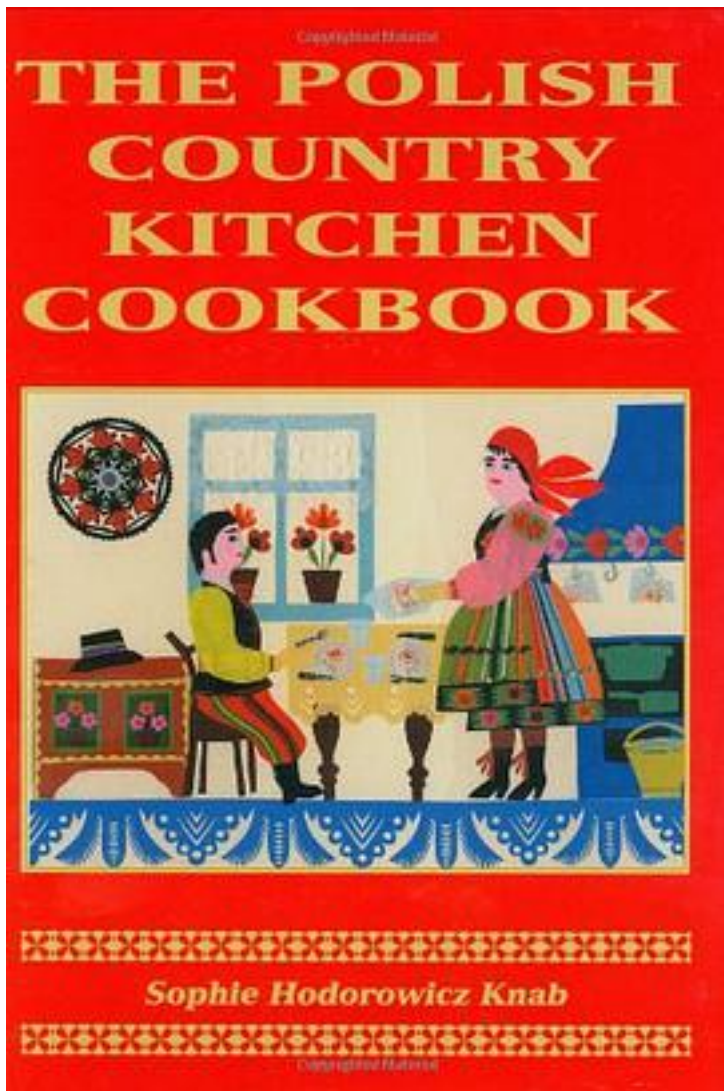


The Polish Country Kitchen Cookbook



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著者:Knab, Sophie Hodorowicz

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From top-selling author Sophie Hodorowicz Knab comes a new book that combines recipes for favourite Polish foods with the history and cultural traditions that created them. Arranged according to the cycle of seasons, this cookbook explores life in the Polish countryside through the year, with recipes for potato dishes in fall when they are freshest, cucumber specialties in summer when they are plentiful, and buckwheat groats in winter when other staples are not available. Included are over 100 easy-to-follow recipes such as Potato Pancakes with Chives, Apple Fritters, White Barszcz, and Cucumber Soup. Lovely woodcut illustrations and pearls of practical wisdom from the old Polish kitchen will delight readers.

作者介绍:

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