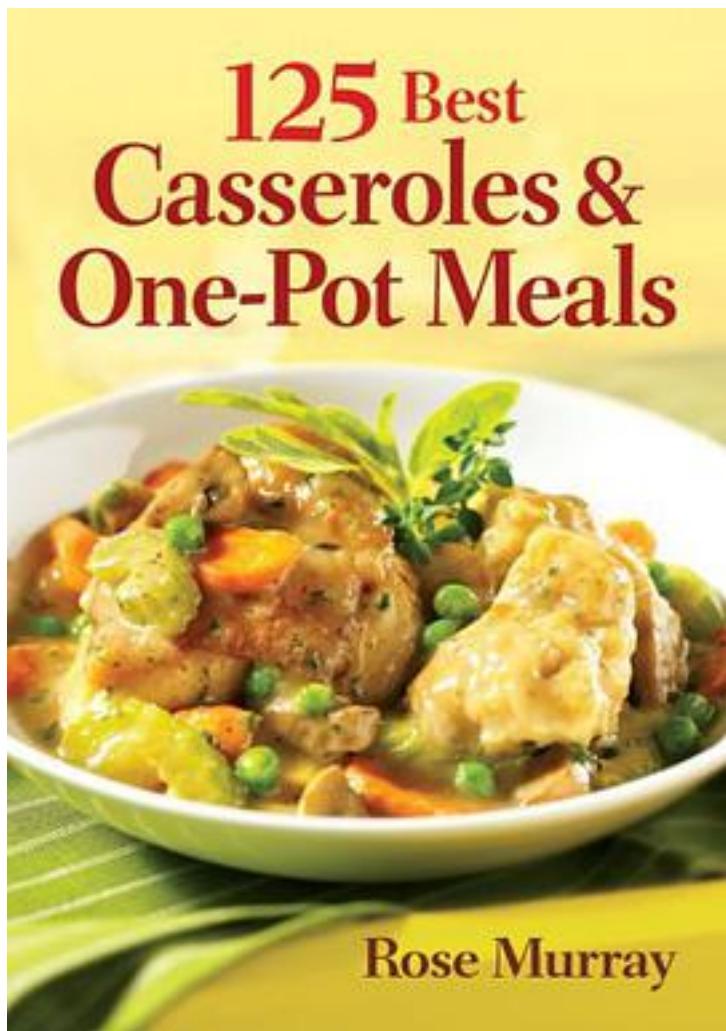


# 125 Casseroles and One-pot Meals



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出版者:Firefly Books Ltd

出版时间:2009-1

装帧:Pap

isbn:9780778800552

Exceptional one-dish meals. Casseroles and one-pot meals are the ideal solution for

busy people who want wonderful food with a minimum of fuss and preparation time. From stews with tantalizing aromas to the simple combination of a few ingredients joined together in a skillet, these recipes are irresistible. These well-tested make-ahead casseroles and one-dish meals will appeal to a variety of tastes. For example: Pasta dishes like three-cheese baked penne with roasted vegetables and easy layered lasagna casserole Chicken creations like chicken shepherd's pie and chicken stew with sage dumplings Beef and veal dishes like updated sloppy joes, pot-au-feu and winter braised short ribs and vegetables Pork recipes such as Portuguese pork with clams and Tex-Mex pork chops with black bean and corn salsa Vegetarian delights such as gratin of creamed spinach and eggs; garden paella Brunch ideas like harvest strata; breakfast sausage and cheese bake. Rose Murray provides valuable tips on pans and dishes and reveals the secrets to making meals that are convenient, economic and easy to prepare in advance - it's as though you have an expert chef guiding you along the way.

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