

# More Healthy Homestyle Cooking



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Pull up your chair and settle in for another round of home cooked meals so delicious, you may not even guess they are good for you too! Evelyn Tribole's first Healthy Homestyle collections sold over a million copies. Now she's back with 200 all-new recipes that are even easier to prepare but just as satisfying. Brighten up your mornings with Spice Apple Muffins. Try Barbeque Pot Roast or Stuffed Shells Florentine later in the day. Having company? Serve up tantalising Spicy Garlic Shrimp or Beef Pinwheels that are sure to impress. With chapters on meatless main dishes, salads, appetisers, side dishes, and a range of "pastabilities", you will never be at a loss at mealtime again.

作者介绍:

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