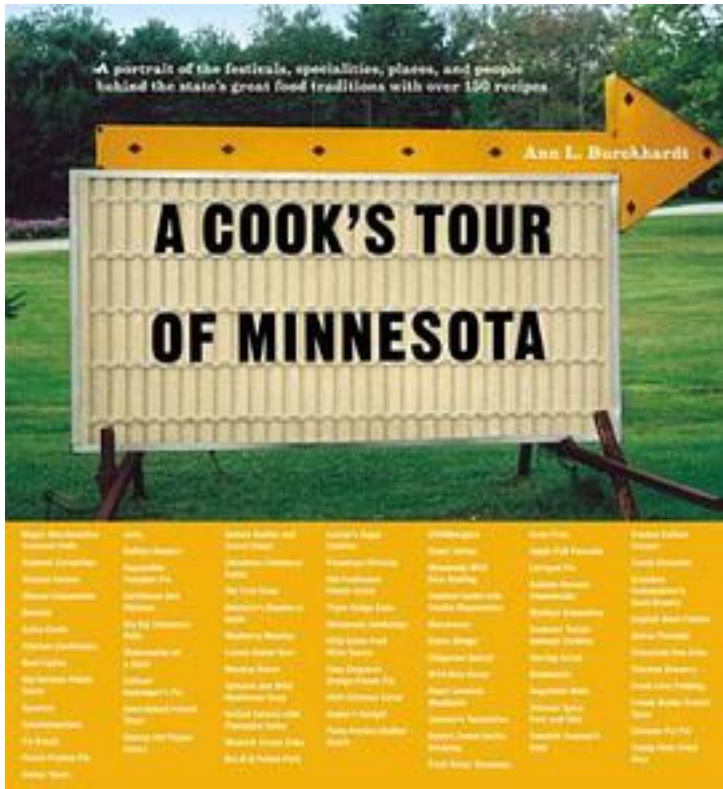


A Cook's Tour of Minnesota



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A portrait of the festivals, specialties, places, and people behind the state's great food traditions, featuring over 160 recipes. Organised into four sections: Celebrations and Festivals, Savoury Specialities, Memorable Places, and North Star Cooks -- these forty essays include interviews, historical background, food trivia, cook's tips, and kitchen-tested recipes that will appeal to food lovers of all backgrounds and interests. Adventurous cooks will delight in preparing a variety of Minnesota foods to be shared in many settings: soups for busy family dinners, quick breads for mornings up at the

lake, prize-winning desserts for holiday potlucks. The book also includes an up-to-date appendix with tourist and Web site information.

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