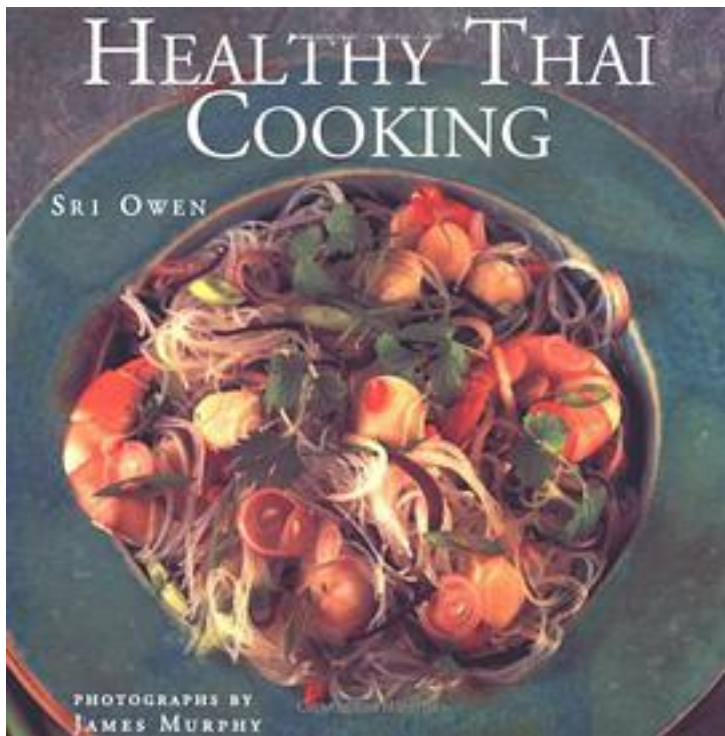


# Healthy Thai Cooking



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出版者:Antique Collectors Club Ltd

出版时间:2000-5

装帧:Pap

isbn:9780711216112

A guide to Thai cooking, offering dozens of delicious and healthy recipes, each one accompanied by a complete nutritional profile. Recipes include savoury snacks, soups, salads, fish and poultry main courses, vegetarian offerings, sauces, relishes and pickles, and sweets.

作者介绍:

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