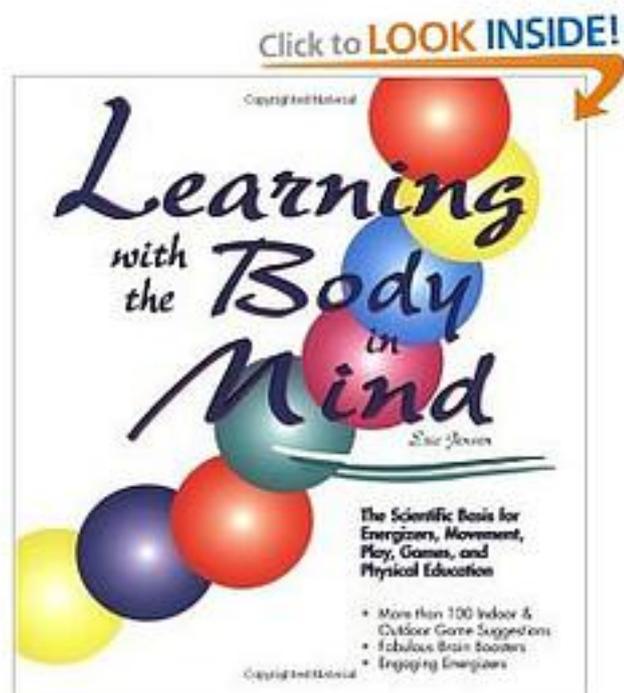


# Learning With the Body in Mind



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Once considered 'extra-curricular', research now suggests that movement activities are integral to the learning process. From role plays and school theatrical productions to relays and challenge courses, learning is activated when the body is involved. Whether you're an elementary school teacher or a high-school math instructor discover how to increase intrinsic motivation, improve attitudes, strengthen memory, and boost achievement through the movement arts.

作者介绍:

目录:

[Learning With the Body in Mind\\_下载链接1\\_](#)

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评论

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