

# Sewing for Plus Sizes



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This is the definitive guide for home sewers and dressmakers who wear a size 14 or larger. It is aimed squarely at readers who have basic sewing skills and who use commercial patterns, but do not know how to select designs, proportions, colours and fabrics that enhance and flatter their own unique dimensions and how to adjust standard patterns to accommodate the figure variations that are common to larger women. Everyone looks great in clothes that fit; this is how to make clothes that fit you if off-the-peg options don't.

作者介绍:

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