

Why Me?



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More than half of all recent marriages end in divorce, and one and a half million children are affected by divorce. For many teenagers, divorce is a part of daily life. The Divorce Resource Series offers information and advice for teens whose parents are divorcing or have gotten divorced. When a family separates, teens experience myriad emotions, including anger, fear, sadness, and guilt. The Divorce Resource Series provides useful and necessary information on matters such as family court, custody, finances, and blended families. It also gives teens the tools to cope with difficult emotions, to make positive decisions, and to build healthy relationships. Divorce affects almost every aspect of a teen's life. This book will help teens cope with their feelings of anger, hurt, sadness, and even jealousy during every phase of divorce, from experiencing tension at home to coping with a parent's remarriage. Teens will be reassured that even though divorce is hurtful, they are not alone.

作者介绍:

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