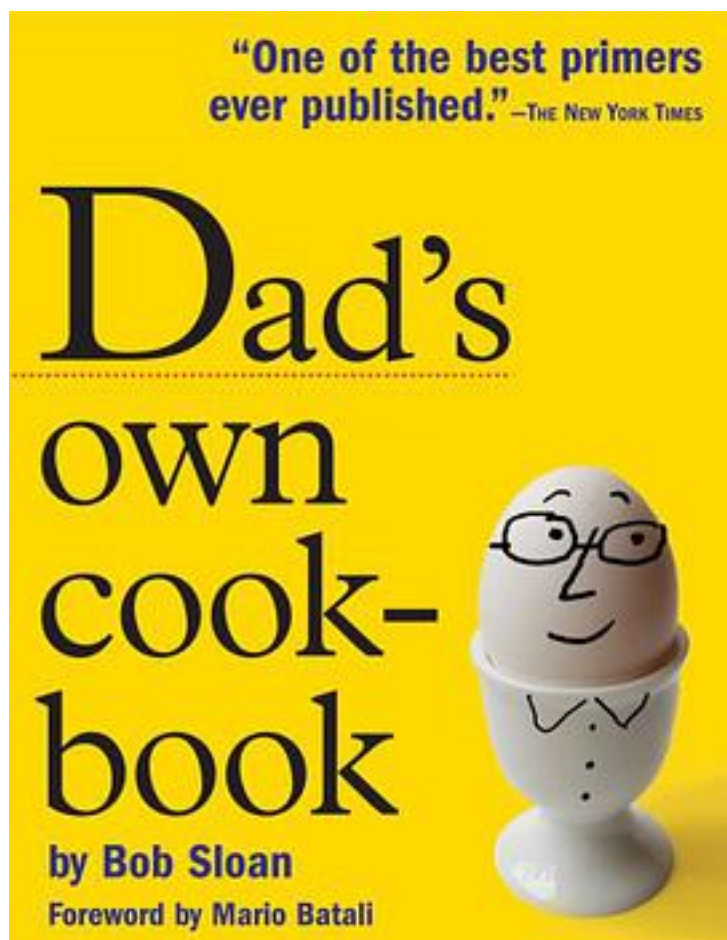


Dad's Own Cookbook



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著者:Sloan, Bob

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"Dad's Own" is one-stop shopping, from how to hold a knife...to 150 absolutely terrific recipes. Bob Sloan, who began as a self-taught cook is a professional chef and caterer, knows intimately how to navigate a kitchen - and he covers it all: tools, techniques,

ingredients, shopping, timing, and getting a meal on the table, whether a weeknight meat loaf for the kids or a weekend dinner party. He tells Dad how to select the choicest meats and freshest fish; how to read a recipe; why to heat a pan before sauteing the food; and how to organize it all into dinner (or breakfast, or lunch, or pizza night). There are quick lessons on the microwave, the grill, the food processor; tips on everything from chopping to steaming; wine and cheese primers; the four basic potatoes and eight ways to prepare them; perfect lunchbox sandwiches and treats; and throwing the perfect birthday party for a child. And, of course, not just the how of cooking, but the what: Dad's Official Meat Loaf, Cajun Baked Salmon, Stuffed Potatoes with Bacon and Cheese, Caesar Salad, Lamb Shish Kebab, Jambalaya with Shrimp and Chicken, Puffed Pancake, Steak Fajitas, Dad's Own Apple Pie, Chocolate Pudding. As much about attitude as it is about technique, "Dad's Own Cookbook" takes fear out of the kitchen - It's time to make Dad the new hero of the kitchen.

作者介绍:

目录:

[Dad's Own Cookbook_下载链接1_](#)

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评论

[Dad's Own Cookbook_下载链接1_](#)

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