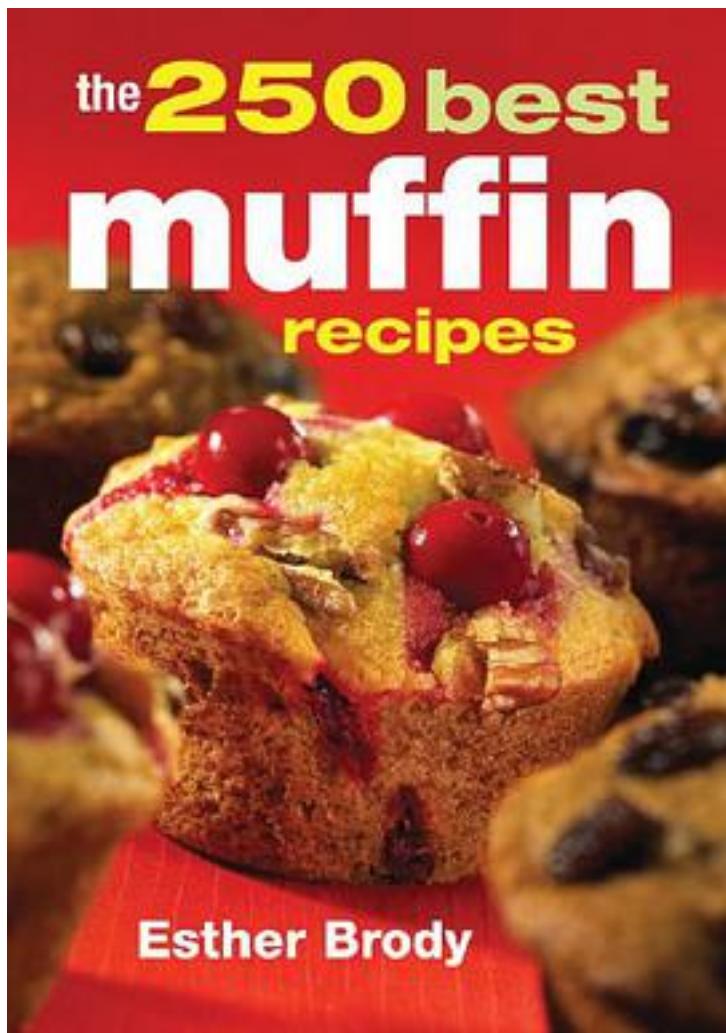


# The 250 Best Muffin Recipes



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Just about everybody loves muffins. They are quick and easy to make, and they are the

perfect size for a quick breakfast or snack. Most home cooks have a handful of favourite recipes that please the family, and here are 250 more that are sure to please, too! Muffin chef Esther Brody has specially selected standard classics and delightful variations from her personal collection that taste wonderful and are nutritious and easy to make. These recipes use a wide range of delicious, healthy ingredients - from apples to courgettes - and a number of decadent, dessert-type muffins round out the collection. A sampling of the muffins in this book: - Blueberry bran muffins. - Lemon yogurt cranberry muffins. - Orange marmalade wheat muffins. - Herbed brown rice muffins. Home cooks will also find a wealth of baking tips and techniques, recipe variations and all the information needed to make perfect muffins every time.

作者介绍:

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