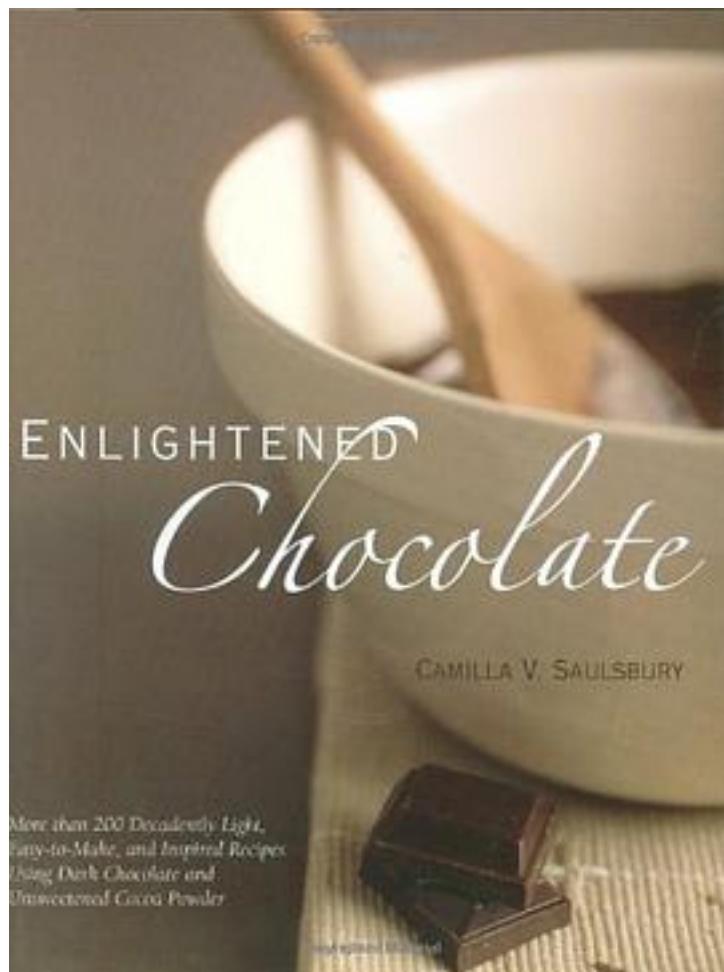


Enlightened Chocolate



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出版者:Cumberland House

出版时间:2007-4

装帧:HRD

isbn:9781581826074

"Enlightened Chocolate" is the first volume in the *Enlightened Cooking* series. Including both savory and sweet chocolate recipes, it is the first compendium

cookbook exclusively devoted to light chocolate recipes. It also offers guidelines for using chocolate and cocoa as multipurpose flavorings to deepen and enhance dishes while adding health benefits. The recipes are divided into five chapters: * Morning Chocolate Fix * Sublime Snacks * Main Dish Chocolate * Decadent Desserts * Sweet and Savory Extras (including sauces, spice rubs, salsas, and other condiments)

作者介绍:

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