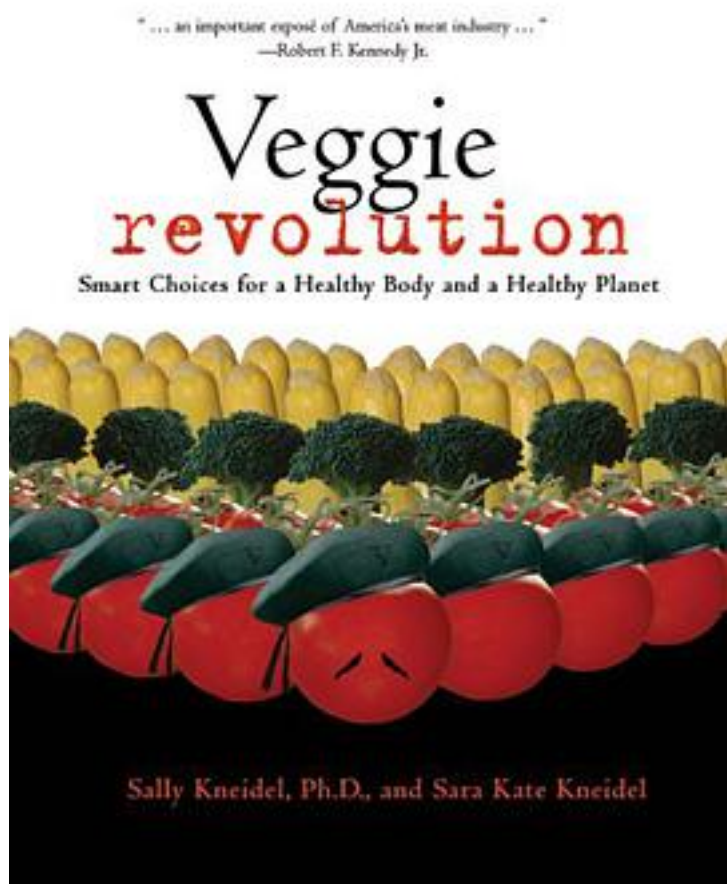


Veggie Revolution



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著者:Kneidel, Sara Kate

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This book confronts the serious problems of the modern American food industry, from unhealthy eating habits, to the abuse of our environment, to issues of world sustainability. This is a very relevant topic at a time in which health and diet concerns are mounting, and the environmental and population issues impacted by diet choices

are approaching the breaking point. Including everything from personal anecdotes to recipes, VEGGIE REVOLUTION is an in-your-face look at our food and how our dietary decisions affect our environment. The authors visited factory farms as well as smaller family-run farms and based much of their writing on their interviews with the people they met there, as well as taking graphic pictures of the treatment of animals at those farms.

作者介绍:

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