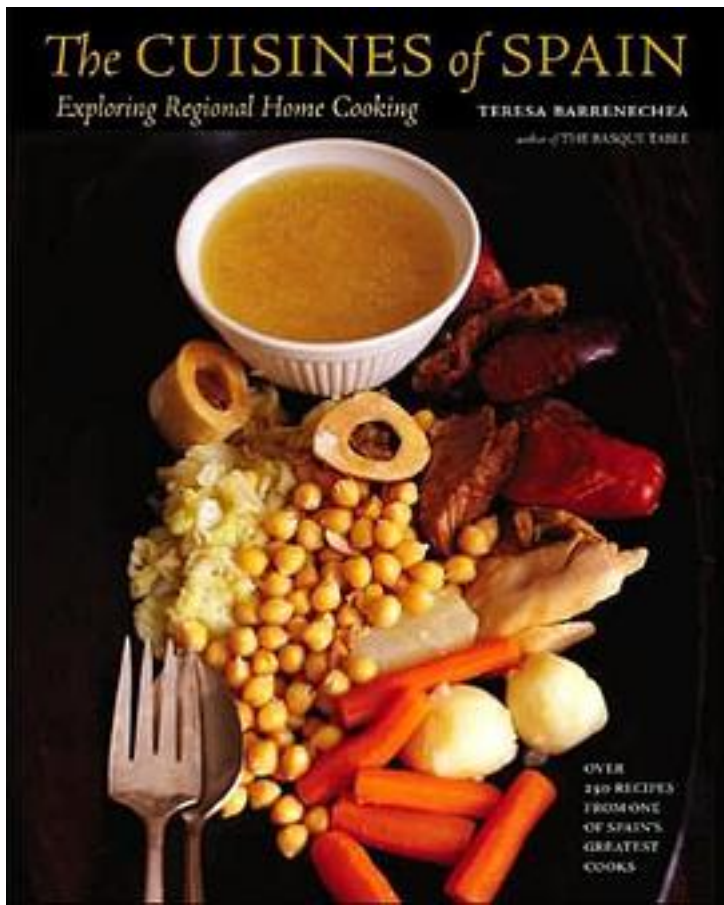


# The Cuisines of Spain



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It's rare to find a cookbook that distills the spirit of a people and immerses us in the context of a particular cuisine. To cook creatively, we must uncover the soul of a place so that what we prepare has an identity. Because Teresa Barrenechea allows us to truly grasp Spanish cooking, we come away with much more than a few recipes, but with

the essence of her country's vital respect for food in our hands and in our hearts. A winner. --James Peterson, author of *Sauces* "Teresa Barrenechea captures the essence of our country's authentic regional cooking in a way never before accomplished. I am grateful to her for enlightening us with the wealth of our culinary legacy." --Ferran Adrià, Restaurante El Bulli "Through Teresa's loving presentation of dishes culled from home cooks--including many recipes never before published in English--you will instinctively taste how vivid flavor and simple pleasure always have been and still are at the heart of the Spanish culinary ethos." --Maricel Presilla, author of *The New Taste of Chocolate* "In an era of novelistic cookbooks and florid foodie memoirs, Teresa Barrenechea takes a refreshingly straightforward approach to her subject matter, which is nothing less than the many and varied cuisines of Spain. . . . Her main mission is to tell us how to accurately cook a great deal of honest, not overly complicated, unfailingly delicious food, and at this she succeeds superbly." --Colman Andrews, editor-in-chief, *Saveur*, and author of *Catalan Cuisine* "Teresa Barrenechea's love of and expertise on Spain's traditional food is beautifully executed in this exciting book, with charming photos and delightful stories of the people, places, and ingredients." --Rose Gray and Ruth Rogers, *The River Café*, London With the world in a swoon over the gastronomic riches of Spain -- from the brilliant array of its traditional tapa dishes to the daring preparations of its new generation of chefs --the timing couldn't be better for the arrival of this long-awaited cookbook. In *THE CUISINES OF SPAIN*, Teresa Barrenechea, one of the country's most talented culinary ambassadors, showcases her culinary heritage through over 250 recipes culled from her extensive repertoire, and from friends and fellow chefs across Spain. The famed rice dishes of Valencia, the brilliant mojitos of the Canary Islands, the hearty stews and braised meats of the interior -- all of the classics are here in peak form, as are many lesser-known but equally important and intriguing regional dishes. Steeped in the history of her country, Barrenechea weaves a captivating narrative of Spain's diverse peoples, landscapes, and ingredients, revealing how such forces gave rise to the food traditions that we celebrate today. Over 150! full-color photographs from Barcelona-based photojournalist Jeff Koehler and renowned food photographer Christopher Hirsheimer put Spain's culinary riches on brilliant display. With such a distinguished pairing of author and artists, *THE CUISINES OF SPAIN* is positioned to be one of the major cookbook releases of the year.

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