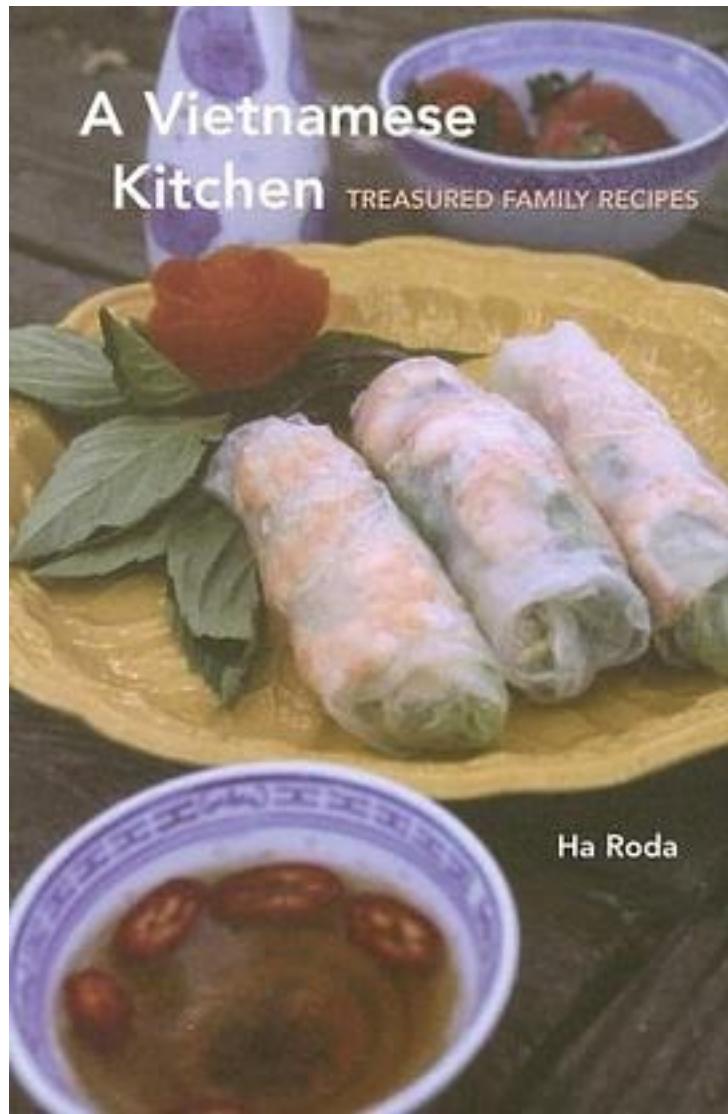


A Vietnamese Kitchen



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Americans are just beginning to discover the exotic culinary offerings of this Southeast Asian country. Vietnam's diverse terrain ranges from the inland mountains, which produce numerous exotic fruits and vegetables to the rice paddies of the Mekong and Red River Deltas. The country's fascinating history has resulted in strong Chinese, Indian and French culinary influences yielding delicate complex flavours. This book is a collection of traditional recipes, modified for the American home cook. It includes an introduction to Vietnamese culture, a glossary of Vietnamese culinary terms, and a chapter on meal planning.

作者介绍:

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